

Taurine and Magnesium 780 mg 60 Capsules

EAN: 8435082331179 FABRICANTE: ZEUS



Food supplement based on Taurine, Magnesium and Vitamins. Taurine, an amino acid with multiple benefits at the muscular level, at the digestive level and that also strengthens the immune system, protecting us due to its antioxidant power. Magnesium is a fundamental mineral that helps reduce tiredness and fatigue and contributes to the normal functioning of the nervous system.

DESCRIPTION

What are the ingredients of Taurine and Magnesium?

- Taurine 490mg
- Magnesium 90mg (24%VRN)
- Niacin ? Vit. B3 (Nicotinamide) 5.33mg (33.33%NRV)
- Pantothenic acid ? B5 (Calcium D-Pantothenate) 2mg (33.33%VRN)
- Vitamin B2 (Riboflavin) 0.46mg (33.33% NRV)
- Vitamin B6 (Pyridoxine hydrochloride) 0.46mg (33.33% NRV)
- Thiamin ? Vit. B1 (Thiamine hydrochloride) 0.36mg (33.33%VRN)
- Folic acid (Pteroylmonoglutamic acid) 66.66µg (33.33%VRN)
- Biotin (D-Biotin) 16.66µg (33.33%VRN)
- Vitamin B12 (Cyanocobalamin) 0.83µg (33.33%VRN)

%NRV: Nutrient Reference Values.

