

L-Tryptophan 60 Caps

EAN: 8435082331117 FABRICANTE: ZEUS



Food supplement based on L-Tryptophan. L-Tryptophan has endless properties, it is essential for the pineal gland to produce melatonin, thus promoting the regulation of the daily sleep-wake cycle. Its functions also include synthesizing hormones such as serotonin. The liver also uses L-Tryptophan to produce Niacin (B3).

DESCRIPTION

What is the composition of L-Tryptophan?

- L-Tryptophan 500mg
- Magnesium 4mg (1.1%VRN)
- Niacin ? Vit. B3 (Nicotinamide) 6mg (37.5% NRV)
- Vitamin B6 (Pyridoxine hydrochloride) 0.66mg (47.1% NRV)
- Biotin (D-Biotin) 50µg (100%VRN)

%NRV: Nutrient Reference Values.

Contraindications:

Do not combine with serotonin reuptake inhibitor psychotropic drugs, unless under professional supervision.

