



Food supplement based on Amino Acids, Passionflower and Vitamins. GABA (Gamma-aminobutyric acid) is an amino acid neurotransmitter, with the ability to reduce nervous activity in the brain, providing calm. Passionflower (*Passiflora incarnata* L.) is very suitable for all types of nervous manifestations. Vitamin B12 contributes to the normal functioning of the nervous system.

DESCRIPTION

What is the composition of Es-3-Ze?

- GABA (Gamma-aminobutyric acid) 200mg
- L-Tryptophan 150mg
- L-Glutamine 75mg
- L-Taurine 75mg
- Passionflower dry extract (*Passiflora incarnata* L. , >4% Flavonoids) 75mg
- Vitamin B2 (Riboflavin) 1.4mg (100%VRN)
- Thiamin ? Vit. B1 (Thiamine Hydrochloride) 1.1mg (100%VRN)
- Folic acid (Pteroylmonoglutamic acid) 200µg (100%VRN)
- Vitamin B12 (Cyanocobalamin) 2.5µg (100%VRN)

%NRV: Nutrient Reference Values.

