

## Dormibien 30 Caps

EAN: 8435082331261 FABRICANTE: ZEUS



Food supplement based on GABA, Plants, Probiotics, L-Theanine, Minerals and Melatonin. GABA (Gamma-aminobutyric acid) is a neurotransmitter amino acid, with the ability to reduce the nervous activity of the brain, providing calm. Melatonin helps reduce the time needed to fall asleep.

### DESCRIPTION

#### What are the ingredients of Dormibien?

##### Active ingredients/capsule:

- GABA (Gamma-aminobutyric acid) 200mg
- California Poppy Dry Extract (*Eschscholzia californica* Cham . , 0.2% Alkaloids) 100mg
- Griffonia dry extract [*Griffonia simplicifolia* (DC.) Baill., 20% 5-HTP (5-Hydroxytryptophan)] 100mg
- Magnesium 60mg (16%VRN)
- Green Tea dry extract [*Camellia sinensis* (L.) Kuntze, 40% L-Theanine and 10% EGCG (-) epigallocatechin 3-gallate] 50mg
- Zinc 9.1mg (91%VRN)
- Probiotic Mixture (*Lactobacillus plantarum* W1 + W21, *Bifidobacterium lactis* W51 + W52, *Lactobacillus acidophilus* W22, *Enterococcus faecium* W54, *Lactobacillus paracasei* W20, *Lactobacillus salivarius* W24, *Lactococcus lactis* W19) 2.5mg
- Melatonin 0.9mg

%NRV: Nutrient Reference Values.

#### Does Dormibien have contraindications?

It is contraindicated if you are being treated with psychotropic drugs.

