

# **Trimag 10 Sticks**

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Trimag is a fast-acting anti-stress food supplement thanks to its ATAMg complex (magnesium acetyltaurinate), which reduces irritability, nervousness, cramps and migraines.

#### **DESCRIPTION**

# What is Trimag and what is it used for?

Trimag is an Inovance food supplement based on magnesium, vitamin B6 and hydrolyzed rice protein. With sweetener. state-of-the-art magnesium ATAMg (magnesium acetylurinate) associated with magnesium citrate and magnesium glycerophosphate.

Trimag is very effective for muscle recovery and intellectual recovery linked to overwork, during temporary memory problems, to deal with any symptoms of hyperemotivity or transient anxiety...

## In what situations can I take Trimag?

You can take Trimag if you have difficulty managing stress and need to relax.

If you need to deal with your stress, but can't.

If you are very tired or tired and need to recover your energy.

If you are preparing to take an exam or for a competition.

## **How should I take Trimag?**

To take Trimag you must open the stick and mix the powder with 150 ml of water until it dissolves completely, or add it to a semi-liquid food such as yoghurt. You must consume it immediately.

You can also reconstitute the stick in 500 ml of water and repeat the intake throughout the day.

The indicated dose is one stick a day in the morning.



