

# **Serotone 60 Capsules**

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Inovance Serotone is a food supplement that does not create dependency and serves to balance mood, sleep, relaxation.

## **DESCRIPTION**

### What is Serotone and what is it used for?

Serotone is a food supplement based on tryptophan, vitamins B3, B6 and zinc. Tryptophan is a precursor to serotonin that balances mood, sleep, and all drives.

## I feel irritable, impatient, what can I take?

If you feel irritable, impatient you can take Serotone, which is a natural food supplement that will help you control your mood.

## I have bulimic urges. What can I take to help me control myself?

If you have bulimic impulses and want to control yourself, take Serotone, you will see that you will be able to control yourself as well as feel better emotionally.

Don't worry Serotone is not addictive.

## **How should I take Serotone?**

Serotone is taken orally: Take one capsule a day between 4:00 p.m. and 5:00 p.m. You should avoid eating meat and meat products at dinner.

