



Eau de mer or sea water is a food supplement. Eau de mer is indicated for lack of energy in seasonal changes, for tiredness and when there is no appetite.

DESCRIPTION

Eau de mer or sea water in vials is a food supplement based on sea water naturally rich in trace elements and minerals. Non-irradiated, non-contaminated, extracted from the Atlantic Ocean at a depth of more than 20 meters.

Eau de mer in vial format is especially practical for those with swallowing difficulties, such as children or the elderly.

I lack energy due to seasonal changes. What can I take?

If you lack energy due to seasonal changes, you can drink Eau de mer. If you are an adult you should take one to three vials a day, fasting and in the morning. If it is for a child, you should take one to two vials a day, fasting and in the morning. Eau de mer should preferably be taken neat or diluted with still water.

I'm always tired, what can I drink?

If you are always tired you should drink eau de mer due to its rich trace element and mineral content. In the case of an adult, you should take one to three vials a day, fasting and in the morning. If it is for a child, you should take one to two vials a day, fasting and in the morning. Eau de mer should preferably be taken neat or diluted with still water.

I have no appetite, what can I take?

If you are not hungry, you can drink eau de mer, which is natural and oceanic seawater in hypertonic concentration and not irradiated, rich in trace elements and minerals. If you are an adult you should take one to three vials a day, fasting and in the morning. If it is for a child, you should take one to two vials a day, fasting and in the morning. Eau de mer should preferably be taken neat or diluted with still water.

Does Eau de mer have contraindications?

Eau de mer is naturally salty and is not suitable for high blood pressure or a salt-free diet.

