

Calcium 60 Tablets

EAN: 3621744410145 **FABRICANTE:** YSONUT



Calcium is a food supplement from inovance laboratories with calcium, vitamin D and chromium. Calcium needs increase during growth, pregnancy and menopause, and during a weight loss diet. Calcium from inovance laboratories contains chromium and vitamin D that activate the assimilation of calcium.

DESCRIPTION

I am in menopause, what calcium supplement can I take? If you are in menopause you must protect your bones and therefore take calcium. Calcium from Innovation Laboratories will help you. you should take two tablets a day in the morning, with a glass of water.

My son is in full growth. Should he take calcium? If your child is growing, calcium intake is very important to strengthen bones and teeth. For this, we recommend Calcium de inovance. Children from 8 to 12 years old should take two tablets a day in the morning, with a glass of water. For children aged 13 to 18 years, they should take two tablets in the morning and one tablet in the evening, with a glass of water.

I am on a diet. Should I supplement it with calcium intake? If you are on a diet, it is very important that you take calcium, which is why we recommend Calcium from inovance laboratories. In this case, you should take two tablets a day, in the morning.

