

Yogi Tea Joy of Living Comforting 17 Sachets

EAN: 4012824401716 **FABRICANTE:** YOGI TEA



Blend of fruity orange, spicy ginger and aromatic basil. This combination will give you a refreshing sensation that will awaken your senses.

DESCRIPTION

Practice a simple yoga to renew yourself. Hold your pinky and ring finger with your thumb on each hand. Keep your arms parallel to the ground, with your palms facing up. Begin to gently trace small circles backwards. Focus on a relaxed but deep breath as you perform this movement. Continue for 1 to 3 minutes, keeping your eyes closed. This practice will help you renew your energy and find a sense of calm and inner balance.

What is the composition of Yogi Tea Comforting Joy of Living?

- Basil
- Licorice
- dehydrated lemon juice
- Orange peel
- Cinnamon
- Ginger
- Chili
- Cardamom
- clove black pepper

This infusion is Bio and vegan.

Contains licorice: people suffering from hypertension should avoid excessive consumption.

