

## Yogi Tea Green Tea Matcha Lemon 17 Filters

EAN: 4012824403260 FABRICANTE: YOGI TEA



Ayurvedic infusion of green tea with matcha, lemongrass and lime. It is an infusion that gives vitality and harmony.

## DESCRIPTION

## Do you want to find balance through yoga?

To find balance in yoga, start by sitting with your legs extended in front of you and resting your arms on the floor behind you for stability. Next, raise your left leg and right arm at the same time, then alternate raising your right leg and left arm. Repeat this movement continuously for 3 minutes. This exercise will help you improve your balance and coordination while working both sides of your body equally.

## What are the ingredients of Yogi Tea Green Tea Matcha Lemon?

- Green tea (tencha, sencha, matcha)
- Lime
- Licorice
- lemon grass
- Peppermint
- Black pepper
- dehydrated lemon juice
- Guarana
- lemon essential oil
- lemon verbena
- Lemon peel
- Ginger

Bio and vegan infusion.

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