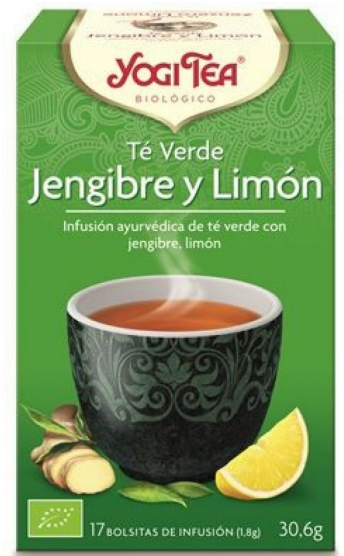


Yogi Tea Green Tea Ginger And Lemon 17 Bags

EAN: 4012824402041 FABRICANTE: YOGI TEA



Ayurvedic infusion of green tea, ginger and lemon. It is a balanced, invigorating infusion and invites meditation.

DESCRIPTION

Do you want to do a Yoga exercise to wake up your body?

To wake up your body, sit in a cross-legged position with a straight back. Place your forearms parallel to the ground and close your hands, leaving your thumb extended. Then stretch your thumbs up and keep your arms stiff from your shoulders to the tips of your thumbs. Next, vigorously move and shake your entire body for a period of 3 minutes. During this exercise, the breath will flow automatically. Keep your attention on the tip of your nose while doing these movements.

What is the composition of Yogi Tea Green Tea Ginger And Lemon?

- Green Tea
- Ginger
- Licorice
- lemon grass
- lemon essential oil
- Lemon peel
- Peppermint
- Black pepper
- ginger oil

Bio and vegan infusion.

