

Yogi Tea Ginger 17 Bags

EAN: 4012824401815 FABRICANTE: YOGI TEA



Ginger is highly valued in the Ayurvedic system of traditional medicine for its beneficial properties. This is a delicious blend where its distinctive spicy flavor is combined with fruity notes of lemongrass, licorice and fresh mint. This blend creates a warm and comforting infusion that not only invigorates, but also helps sharpen the senses.

DESCRIPTION

Strengthen your breath: I invite you to adopt a comfortable posture, making sure to keep your back straight. Wrapping your arms around your knees, keep your arms extended. Begin by inhaling deeply and holding your breath. Next, bend your back as far back as possible before exhaling. Repeat this movement for a period of three minutes.

What is the composition of Yogi Tea Ginger?

- Ginger
- lemon grass
- Licorice
- Peppermint
- Black pepper

Bio and Vegan Infusion.

