

## Yogi Tea Clear Voice 17 Sachets

EAN: 4012824401419 FABRICANTE: YOGI TEA



Infusion of licorice, fennel and thyme, combined with orange peel and ginger. A very special mixture of delicious flavor and very beneficial for the throat.

## **DESCRIPTION**

Practice a simple yoga to balance and strengthen your body. Start by getting into cat pose, resting your hands and knees on the floor. From this position, raise your left leg and right arm, keeping your body straight and aligned. Hold this position for 3 minutes, feeling the strength and balance in your body. Then return to the original position. Now, inhale and raise the opposite leg and arm, holding the pose for 2.5 minutes. This sequence of movements will help you strengthen and stabilize your body, promoting physical and mental balance.

## What is the composition of Yogi Tea Voz Clara?

- Licorice
- Fennel
- Cinnamon
- Orange peel
- Ginger
- Thyme
- mullein
- · orange essential oil
- lemon essential oil
- Cardamom
- Black pepper
- Nail
- Turmeric

Bio and Vegan Infusion.

Contains licorice: people suffering from hypertension should avoid excessive consumption.

