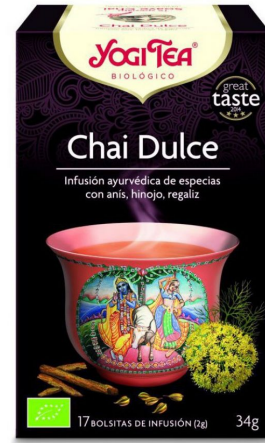


Yogi Tea Chai Sweet 17 Bags

EAN: 4012824400696 FABRICANTE: YOGI TEA



A smooth and light infusion with a delicate spicy touch of black pepper and ginger. In addition, the anise, fennel and spices present in this infusion provide a comforting, satisfying and confident feeling.

DESCRIPTION

To strengthen yourself through yoga, start by sitting cross-legged with your hands resting on your knees, keeping your arms extended. Take a deep breath and hold your breath. Then flex your spine back and forth as many times as you can before exhaling. Continue repeating this process as you breathe in and out for about 3-4 minutes. Once you are done, relax and enjoy the wonderful feeling that this practice gives you.

What are the ingredients of Yogi Tea Sweet Chai?

- Anise
- Fennel
- Licorice
- Cardamom
- Black pepper
- Cinnamon
- Ginger
- Nail

Contains licorice: people suffering from hypertension should avoid excessive consumption.

Bio and Vegan Infusion.

How is this infusion prepared?

Add 2 teaspoons (2.4g) to one liter of boiled water and simmer for 10-15 min. Filter and add the hot milk and sweetener if desired.

