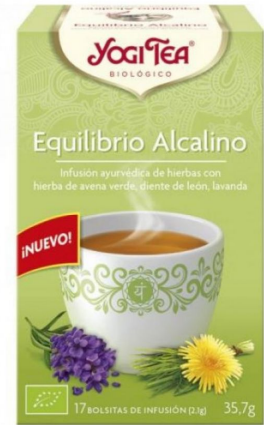


Yogi Tea Alkaline Balance 17 Sachets

EAN: 4012824404274 **FABRICANTE:** YOGI TEA



Ayurvedic herbal tea with green oat grass, dandelion and lavender. Carefully selected, certified organic alkaline herbs will help restore your internal acid-alkaline balance.

DESCRIPTION

Prayer Pose is a simple yet powerful position you can practice to cultivate deep balance and centering. Follow these steps:

Sit cross-legged on the floor, keeping your back straight and your body relaxed. Place both hands in the center of your chest, joining them in the prayer position. Apply light pressure between the palms of your hands.

By joining the hands in this position, significant balance is created. The left hand represents lunar energy, while the right hand symbolizes solar energy. By uniting them, these two energy polarities merge and harmonize.

Breathe deeply as you hold this prayer pose for 3 minutes. Feel the energy flow and balance in your body as you breathe in and out.

What is the composition of Yogi Tea Alkaline Balance?

- lemon grass
- Balm
- Dandelion
- Nettle
- Peppermint
- raspberry leaves
- green oat grass
- lavender flowers
- Fennel
- Carrot
- linden flowers
- birch leaves
- Alfalfa
- Parsley

Prices valid except for changes on our website. (IVA/VAT) included. Doc. Version bf-trf-G-20241122
<https://bio-farma.es/buy/f/yogi-tea/yogi-tea-alkaline-balance-17-sachets>





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Bio and Vegan Infusion.

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<https://bio-farma.es> - info@bio-farma.es

C/ Vermell, 20 3r 3a - 17252
St. Antoni de Calonge (Girona) Spain

 +34 696 79 77 77

