

## Sea Buckthorn Juice 250 ml

EAN: 4001638502542 FABRICANTE: WELEDA



*Sea Buckthorn Juice is an excellent option for those people who are in times of stress, fatigue, convalescence, children, athletes and smokers. This juice is rich in vitamin C and other vitamin complexes, which makes it an ideal drink to help the body regain its vitality and strengthen its natural defenses. The high content of vitamin C in Sea Buckthorn Juice can be especially beneficial for strengthen the immune system and prevent diseases, especially during cold weather and seasonal changes. In addition, this juice can also help relieve symptoms of stress and fatigue, making it a very complete drink for anyone looking to improve their health and well-being.*

### DESCRIPTION

#### What is Weleda Sea Buckthorn Juice for?

The Sea Buckthorn is a plant that contains a very valuable vitamin complex for the organism. Weleda Sea Buckthorn Juice, made from this 100% organic plant, is especially rich in vitamin C, which makes it an ideal supplement to help the body regain its vitality and strengthen its natural defenses.

Vitamin C is an essential nutrient for the immune system, as it contributes to the production of white blood cells that fight pathogens. In addition, the high vitamin C content of Sea Buckthorn Juice can be beneficial to prevent and alleviate the symptoms of respiratory diseases, flu and colds.

#### What are the benefits of Weleda Sea Buckthorn Juice?

Weleda Sea Buckthorn Juice is a 100% organic food supplement that contains a vitamin complex rich in vitamin C. This vitamin is a natural antioxidant that helps protect the body's cells from damage caused by free radicals.

In addition, the high content of vitamin C in Sea Buckthorn Juice can help the body to recover its vitality and energy, since this vitamin participates in key metabolic processes for energy production.

On the other hand, vitamin C is also essential to maintain a strong and healthy immune system. By taking Sea Buckthorn Juice, you can help strengthen your natural defenses and protect yourself from possible diseases and infections.

In summary, Sea Buckthorn Juice is an excellent source of essential vitamins and nutrients for the body that can help you feel more vital, energized and protected.



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### How should Weleda Sea Buckthorn Juice be used?

Before using the product, it is recommended to shake the container well to ensure a homogeneous mixture. Then, dilute a tablespoon of Sea Buckthorn Juice in water, infusion, yogurt or any other drink of your choice, and take it with your meals two or three times a day.

For best results, it is advised to follow this regimen for three to four weeks, complementing it with a balanced and varied diet and an overall healthy lifestyle. In this way, you will be able to take full advantage of the beneficial properties of Sea Buckthorn Juice and improve your physical and mental well-being.

