

Birch juice 200 ml

EAN: 4001638502559 FABRICANTE: WELEDA



It is an ideal food supplement to Birch Anti-Cellulite Oil because both products can help reduce cellulite and improve blood circulation in the body. It is also indicated for slimming diets, since it contributes to the elimination of retained fluids and weight loss.

DESCRIPTION

What is Weleda Birch Juice used for?

Birch is a tree that has cleansing properties and can help cleanse the body and improve skin health. Weleda Birch Juice is a 100% organic product, which means it is made with natural ingredients and contains no synthetic additives.

This product is made from organic birch leaves and lemon juice, which are combined to create a refreshing and healthy drink. The extract of fresh birch leaves is used in the preparation of the juice, as it is known to stimulate the body's natural elimination processes, helping to eliminate toxins and other waste products from the body.

Weleda Birch Juice is valued for its draining and purifying properties, which means it can help reduce fluid retention and improve kidney function.

What are the benefits of Weleda Birch Juice?

Birch has the ability to stimulate the purifying functions of the body, which means that it can help eliminate toxins and other waste that accumulates in the body. Additionally, it is known to have a clarifying effect on the skin, making it a popular ingredient in many personal care products.

Birch Juice is also used as a supplement in weight loss regimens, as it can help reduce fluid retention and improve digestion. Its consumption is recommended in transitional seasons, such as spring and fall, as this is when the body may need an extra boost to adapt to seasonal changes.

Additionally, the product contains no artificial preservatives, food colors, flavors, or sweeteners, making it a healthy and natural option.

How should Weleda Birch Juice be used?

If you want to promote fluid circulation and purify your body, a good option is to do an annual beauty cure

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with Weleda Birch Juice. This juice is made from organic birch leaves, which means that it is a natural and environmentally friendly option.

To take Weleda Birch Juice, it is recommended to dilute a tablespoon in water, infusions or juice, 2 or 3 times a day, before meals. It is important to shake before using so that the ingredients mix well. You can also dilute 2-3 tablespoons in a liter bottle of mineral water and consume throughout the day.

The recommended duration of the beauty cure with Weleda Birch Juice is 3 or 6 weeks, depending on your needs and objectives.

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