

Vitamin C 150 Tablets

EAN: 8436034161325 FABRICANTE: WAY DIET



Food supplement based on Vitamin C and Rosehip.

DESCRIPTION

Vitamin C gives us **vitality** and protects the body from damage caused by free radicals, responsible for **cellular aging**.

It plays an important role in strengthening natural defenses, stimulating the production and function of white blood cells (leukocytes) and protecting them from oxidative damage.

In addition, Vitamin C contributes to the normal functioning of the **immune system** during and after intense physical exercise, to the protection of cells against oxidative damage and to normal energy metabolism.

It also improves the activity of the nervous system, helps normal psychological function and also reduces tiredness and fatigue, improving iron absorption. It also contributes to the normal formation of collagen for the normal functioning of the skin and strengthens the structure of bones, cartilage and teeth.

Rosehip (*Rosa canina* L.) is the fruit of the wild rose bush and is one of the most important sources of natural Vitamin C. It is a great ally both in preventing joint wear and in treating them. There are studies (Institute for Clinical Research in Kolding, Denmark) that confirm a significant improvement in pain and stiffness in the joints in patients with osteoarthritis after taking rosehip.

Ingredients per 1 tablet:

Vitamin C (L-ascorbic acid, 90%) 600 mg (540 mg of Vitamin C, 675% NRV*), Bulking agent (Sorbitol), Calcium L-Ascorbate 400 mg (330 mg of Vitamin C, 412.5% NRV*), Rosehip powder (*Rosa canina* L.) 50 mg, Anti-caking agent (Stearate of magnesium) and Aroma (Orange Aroma). *%VRN: Nutrient Reference Values.

Instructions for use:

Take 1 tablet in the morning with a glass of water (200 ml).

Contraindications





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It should not be administered to pregnant or breastfeeding women, or to children, without the supervision of a health professional.

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