

Valeriana BIO 200 mg 45 cápsulas vegetales

EAN: 8436594153754 FABRICANTE: VIT.O.BEST



BIO Valeriana, from Vitobest, based on valerian root extract. Valerian could be a good alternative in these cases because it has a moderate effect as a sleep inducer, without altering its structure. WITHOUT GLUTEN.

DESCRIPTION

To treat insomnia or sleep disorders, herbal remedies have traditionally been used, known in many countries as natural medicine thanks to their sedative properties. The supplements from the BIO line, from Vitobest, come from organic farming and are presented in BIO vegetable capsules with microgranules, which provide excellent absorption and assimilation properties, and are also free of titanium dioxide. Dry extract of valerian roots (*Valeriana officinalis*). From organic farming. AB Certificate - Agriculture Biologique France. Suitable for celestial people. C capsules with zero microgranules for optimal bioavailability. Vegetable capsules suitable for vegan diets and free of titanium dioxide. Ingredients: Dry extract of valerian root leaves (*Valeriana officinalis*) from organic farming (0.4% unique valerian acid). BIO sucrose. Coating agent (vegetable capsules): hydroxypropylmethylcellulose. Composition for 2 c BIO vegetable capsules Dry extract of valerian roots (*Valeriana officinalis*) 0.4% valerian acid 400 mg Instructions for use: Take 1 or 2 c capsules half an hour before going to bed with a glass of water.

