

V-COL 60 vegetable capsules

EAN: 8436594150913 FABRICANTE: VIT.O.BEST



V-Col, from Vitobest®, is an advanced 100% natural formula based on plant extracts of the highest quality to help cardiovascular health and cholesterol control. The amount of cholesterol is one of the main indicators of cardiovascular risk. The risk of suffering from any of these diseases not only depends on how much cholesterol we have but also what type? we have in our blood. High levels of LDL (bad cholesterol) are associated with high cardiovascular risk; On the contrary, high levels of HDL significantly reduce the risk.

DESCRIPTION

V-Col , from **Vitobest®** , works in three phases together:

- Helping to reduce LDL (bad) cholesterol levels ^{1,2} .
- Contributing to improving cardiovascular health through the reduction of atheroma plaques and cardiac function ¹ .
- Helping to increase general metabolic activity and especially lipids ^{1,2} .

V-Col, from Vitobest®, uses natural patented extracts of:

1. Bergavit. Bergamot dry extract: helps reduce and control bad lipid levels in plasma (total cholesterol, LDL and triglycerides). It also helps increase HDL (good cholesterol) levels.

1.1. Bergavit flavonoids reduce cardiovascular risk:

- They help improve coronary vasodilation.
- They contribute to improving blood circulation.
- They help prevent the oxidation of LDL.

1.2. Bergavit mechanism of action:

- It contributes to activating the oxidative pathway of the mitochondria.

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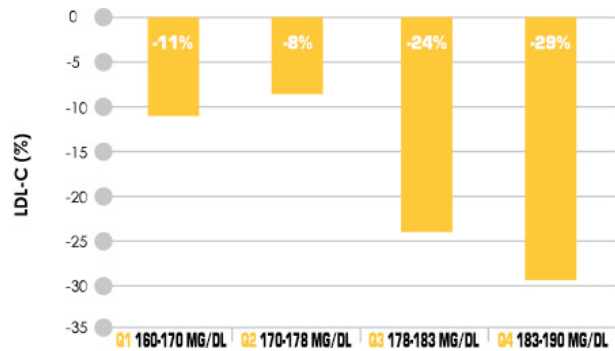


- Helps reduce the synthesis of VLDL and lipoproteins.
- It helps activate metabolic pathways.

1.3. Effect of consuming **Bergavit** :

- Taking 600 mg of **Bergavit** daily helps to significantly reduce bad LDL cholesterol ¹.

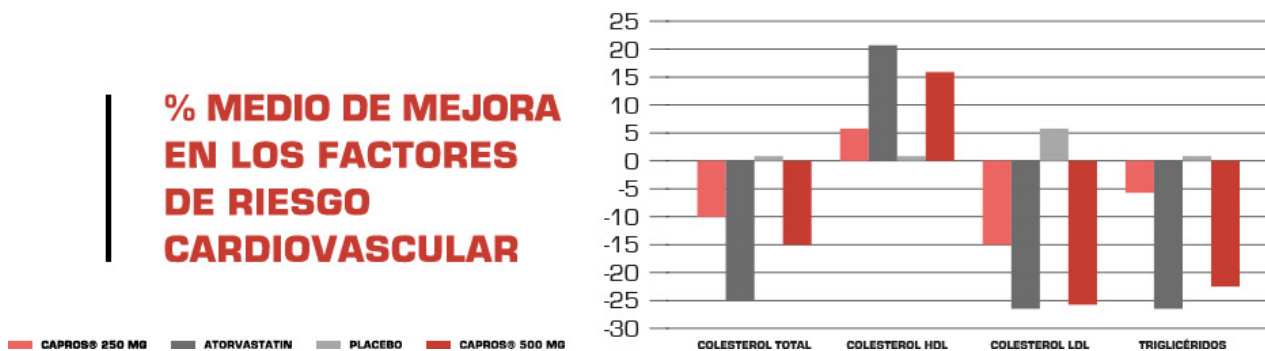
**NIVELES DE C-LDL
DESPUÉS DE 6 MESES
DE SUPLEMENTACIÓN
CON BERGAVIT™
EN DIFERENTES GRUPOS (Q)**



2. Capros®. Dry amla fruit extract: helps increase the production of nitric oxide and glutathione ⁶. It has a recognized antioxidant power that contributes to improving endothelial dysfunction ⁶.

Studies show that **Capros®** also helps to increase HDL levels and effectively reduce triglycerides and LDL levels, minimizing cardiovascular risk factors ⁶.

**% MEDIO DE MEJORA
EN LOS FACTORES
DE RIESGO
CARDIOVASCULAR**



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3. Mediteanox® (15% hydroxytyrosol). Dry olive fruit extract: powerful anti-inflammatory, effective in endothelial dysfunction that helps improve coagulation and regulate blood lipids ⁷ .

- Helps reduce oxidative cellular stress.
- Contributes to improving circulation.
- Helps regulate cholesterol levels ⁷ .
- Improves arterial health ⁷ .

4. Berberine (HCl 97%). Berberis aristata dry extract: contributes to regulating blood glucose levels ³ and controlling lipids.

5. Dry hawthorn extract (10:1): thanks to its sterols and tripterpenes, it constitutes an anti-sclerosing agent ⁴ . It is also useful for controlling blood pressure and diabetes due to the inhibition of phosphodiesterase ^{4,5} .

6. Sugarcane policosanols (98% policosanol and 10% octacosanol): contribute to reducing LDL and triglyceride levels in the blood ⁸ .

V-Col from Vitobest® contributes to:

- **Reduce cardiovascular risk:** Controlling cholesterol levels, coagulation, and atheroma plaques.
- **Improve cardiovascular support:** Reducing hypertension and antiarrhythmic effect.
- **Increase metabolic well-being:** Activating the oxidative pathway of the mitochondria and lipid consumption.

For this supplement, **Vitobest®** uses **vegetable capsules** (VegeCaps) **suitable for vegan diets** and **free of titanium dioxide** .

Bibliography:

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