

## Super Omega 3-6 1000 mg 100 Pearls

EAN: 8436540536648

FABRICANTE: VIT.O.BEST



Helps maintain normal heart, brain and vision function. Suitable for people with celiac disease.

### DESCRIPTION

**Super Omega 3-6**, from **Vitobest®**, is a product made from fish oil (Omega 3) and borage seed oil (Omega 6) of the highest quality on the market. Extracted using advanced technology (molecular distillation), which precisely eliminates all the toxins that fish oil may present to obtain a cleaner and purer raw material, the Omega 3 used in this formulation is composed of 35% EPA (eicosapentaenoic acid) and 25% DHA (docosahexaenoic acid), providing the fatty acids our body needs to maintain the normal functioning of the heart, brain and vision.

The borage seeds used are an exceptional and natural source of Omega 6, providing 20% gamma-linolenic acid (GLA). Several studies have shown the superiority of this species over other species traditionally used as a source of gamma-linolenic acid (GLA). Among the most notable aspects is that its mature seed has 25-40% oil with 20-25% GLA and a low content of alpha-linolenic and stearidonic acids <sup>1,2,3</sup>.

### Product claims:

- An intake of 250 mg of eicosapentaenoic and docosahexaenoic acids contributes to the normal functioning of the heart.
- An intake of 250 mg of docosahexaenoic acid contributes to maintaining normal brain function.
- An intake of 250 mg of docosahexaenoic acid contributes to maintaining normal vision.
- **Allergens:** fish. Gluten free.

### Ingredients

Concentrated **fish** oil EE3525 (Omega 3), borage seed oil ( *Borago officinalis* ) (Omega 6), pearl: gelatin, humectant (glycerin) and water.

### Composition for 3 pearls

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<https://bio-farma.es/buy/ff/vit-o-best/super-omega-3-6-1000-mg-100-pearls>



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### Concentrated fish oil (Omega 3) 2250 mg

**35% EPA** (eicosapentaenoic acid) 788 mg

**25% DHA** (docosahexaenoic acid) 563 mg

**Borage seed oil (Omega 6) 750 mg**

**20% GLA** (gamma-linolenic acid) 150 mg

### Nutritional Information for 3 pearls per 100 g

**Energy value** 127 kJ 3031 kJ  
30 kcal 734 kcal

**Fats** 3 g 71.4 g

of which saturated 0.2 g 4.2 g

**Carbohydrates** 0.3 g 7.1 g

of which sugars 0 g 0 g

**Proteins** 0.8 g 18.7 g

**Salt** 0 g 0 g

### Instructions for use

Take 1 pearl 1 to 3 times a day with food.

