

bio-farma

Saffron 50 Comp

EAN: 8436540532855 FABRICANTE: VIT.O.BEST



Saffron, also known as red gold, is the main ingredient of Saffron, from Vitobest®, a 100% natural food supplement, without synthetic additives and manufactured with the utmost respect for the natural environment.

DESCRIPTION

- 100% natural food supplement.
- Contains dry extract of saffron flower (*Crocus sativus*).
- Active ingredient rich in riboflavin (vitamin B2).
- It helps to improve moods.
- Suitable for people with celiac disease.
- Vegetable capsules suitable for vegan diets and free of titanium dioxide.

Known since ancient times, saffron has been used in natural medicine to combat mild depression (it was said to bring joy and wisdom), as a painkiller for gums (when children's first teeth were coming out) and as a stomach medicine.

From a scientific point of view, **saffron is one of the plants richest in riboflavin** (vitamin B2) and contains **safranal** : responsible for its smell and with influence on serotonin (neurotransmitter involved in the mood of the individual); and **crocins** : responsible for its color and with influence on the neurotransmitter noradrenaline (participated in the transmission of messages between areas of the brain through the sympathetic nervous system) ¹ .

According to González, M., saffron crocins are formed from another flavonoid (carotene) called crocetin, and stimulate the production of bile in the liver in order to improve digestion ² .


Saffron is extracted from the stigmas of the flower of the *Crocus sativus* plant (exactly from the upper part of the pistil), using an almost artisanal process, which causes its high price on the market and the fact that most of the products that contain it as an active ingredient use artificial synthetic additives. This is not our case. In the production of its **Saffron** tablets, **Vitobest®** uses only 100% natural *Crocus sativus* dry extract obtained with the utmost respect for the natural environment.

Vitobest® uses **vegetable capsules** (VegeCaps) for this supplement, **suitable for vegan diets** and **free of titanium dioxide** .

Prices valid except for changes on our website. (IVA/VAT) included. Doc. Version bf-trf-G-20241222
<https://bio-farma.es/buy/f/vit-o-best/saffron-50-comp>

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Allergens: does not contain. Gluten free.

Ingredients: bulking agent: microcrystalline cellulose, thickener (capsule): hydroxypropyl methylcellulose, anti-caking agent: magnesium stearate, dry extract of saffron flower (*Crocus sativus*) and anti-caking agent: silicon dioxide.

Composition for 1 VegeCaps

Dry extract of saffron flower (<i>Crocus sativus</i>) (2% safranal and 4% crocins)	30 mg
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DIRECTIONS: Take 1 VegeCaps daily or as recommended by a professional.

