



α -Lipoic acid, commonly known as R-ALA, is a powerful and highly efficient antioxidant that acts as a co-factor in a multitude of enzymatic complexes, helps fight free radicals in the body and has the potential to regenerate other antioxidants¹.

DESCRIPTION

Furthermore, animal studies support that adequate **R-ALA** supplementation may be a means to modulate age-related accumulation of cortical iron content and reduce oxidative stress associated with aging ².

R-ALA, from **Vitobest®**, contains **100% racemic α -lipoic acid** in its formulation (the only configuration that our body can synthesize and the most effective), which doubles its effectiveness compared to that offered by most products marketed with this active ingredient and which contain only a 50% racemic mixture.

Made by **Alipure®**, the leading brand in the sector with wide worldwide recognition, the ingredients used in our formulation, in addition to the highest quality, guarantee that our product is one of the best on the market.

Vitobest® uses **vegetable capsules** (VegeCaps) for this supplement, **suitable for vegan diets** and **free of titanium dioxide**.

- 100% racemic α -lipoic acid (Alipure®).
- Powerful antioxidant that helps fight free radicals in the body.
- It acts as a co-factor in a multitude of enzymatic complexes.
- Helps reduce oxidative stress associated with aging.
- Suitable for people with celiac disease.
- Vegetable capsules suitable for vegan diets and free of titanium dioxide.

Directions: Take 1 VegeCaps daily, or as recommended by a professional.



R-ALA 50 Comp

EAN: 8436594150289

FABRICANTE: VIT.O.BEST



Allergens: does not contain. Gluten free.

Ingredients: Alpha-lipoic acid (100% racemic) (Alipure®), bulking agent: microcrystalline cellulose, thickener (capsule): hydroxypropyl methylcellulose and anti-caking agents: magnesium stearate and silicon dioxide.

Composition for 1 VegeCaps

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| Racemic alpha-lipoic acid (100% racemic) (Alipure®) | 125 mg |
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