

## Monster Gainer 2200 3 Kg Vanilla

EAN: 8436540535665

FABRICANTE: VIT.O.BEST



*Complete low-fat supplement specially designed for those who need to quickly increase their muscle volume. It uses the best ingredients on the market in its formulation to help you gain the muscle volume you want in the fastest and safest way. That's why it contains WPC 80 whey protein concentrate rich in BCAA and L-Glutamine.*

### DESCRIPTION

- Carbohydrate blend + Whey protein concentrate (WPC 80) + Creatine monohydrate.
- Carbohydrate matrix with different assimilation rates.
- Contributes to the recovery of muscle fibers after intense training.
- It is low in fat.
- Suitable for people with celiac disease.

Whey concentrate is a high-quality protein that contributes to building muscle mass. And L-Glutamine is the amino acid that participates in the recovery of muscle fibers after intense training.

### Monster Gainer 2200 by Vitobest®:

- Helps to increase muscle volume quickly.
- Contains a matrix of carbohydrates with different assimilation rates.
- It helps to increase strength and endurance.
- Accelerates the recovery of muscle fibers after intense training.
- It is low in fat.

### Product claims:

- Proteins contribute to increasing muscle mass.
- Proteins help maintain muscle mass.
- Proteins contribute to the maintenance of normal bones.
- A daily intake of 3 g of creatine improves physical performance in successive series of short, high-intensity exercises.



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**Allergens:** milk and soy. Gluten free.

**Ingredients:** dextrose crystal monohydrate, maltodextrin, whey protein concentrate (WPC 80) ( **milk** and **soy** ), amylopectin, creatine monohydrate, flavor: vanilla and sweetener: sucralose.

Composition	per 50 g
<b>Carbohydrate mix:</b>	<b>37.33 g</b>
Dextrose crystal monohydrate	
Maltodextrin	
Amylopectin	
<b>Whey protein concentrate (WPC 80)</b>	<b>11.00 g</b>
<b>Creatine monohydrate</b>	<b>0.86 g</b>

### Nutritional Information per 50 g per 100 g

<b>Energy value</b>	<b>781.81 kJ</b>	<b>1545.42 kJ</b>
	<b>186.86 kcal</b>	<b>369.36 kcal</b>
<b>Fats</b>	<b>1.46 g</b>	<b>2.92 g</b>
of which saturated	0.71 g	1.73 g
<b>Carbohydrates</b>	<b>35.76 g</b>	<b>67.55 g</b>
of which sugars	20.36 g	52.04 g
<b>Proteins</b>	<b>10.00 g</b>	<b>20.00 g</b>
<b>Salt</b>	<b>0.07 g</b>	<b>0.14 g</b>

**DIRECTIONS FOR USE:** Take 50 g (approx. 1 heaping scoop) or 100 g (approx. 2 heaping scoops) daily, preferably before and after training or only after.

