

## L-Tryptophan 300 mg 60 Caps

**EAN:** 8436540537614 **FABRICANTE: VIT.O.BEST** 



Made from L-Tryptophan, an essential amino acid that acts as a precursor to serotonin and helps improve our mood, combat stressful situations, and improve our concentration and mental performance.

## **DESCRIPTION**

- L-Tryptophan (Ajipure®, from Ajinomoto).
- Essential amino acid precursor of serotonin.
- It helps improve mood and combat stressful situations.
- Suitable for people with celiac disease.
- Vegetable capsules suitable for vegan diets and free of titanium dioxide.

Tryptophan is an essential amino acid that acts as a precursor to serotonin, a neurotransmitter that improves our mood, perception, memory and attention, as well as reducing states of stress and aggression.

The ingredients in our formulation are of the highest quality, recognized and endorsed by Ajipure®, from Ajinomoto . This brand, preferred by Vitobest® for its formulations, today holds the highest standards in terms of quality, efficiency and responsibility towards the product, the environment and society.

Our formulation contains the recommended daily amount of tryptophan and is considered completely safe by the AEFSA (Spanish Food Safety Agency).

Vitobest® uses vegetable capsules (VegeCaps) for this supplement, suitable for vegan diets and free of titanium dioxide.

## **COMPOSITION:**

**Allergens:** does not contain. Gluten free.

**Ingredients:** L-Tryptophan (Ajinomoto®), bulking agent: microcrystalline cellulose, thickener (capsule): hydroxypropyl methylcellulose and anti-caking agent: magnesium stearate.







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Composition for 1 VegeCaps

L-Tryptophan (Ajinomoto®) 300 mg

**DIRECTIONS FOR USE:** Take 1 VegeCaps daily 30 minutes before meals.



