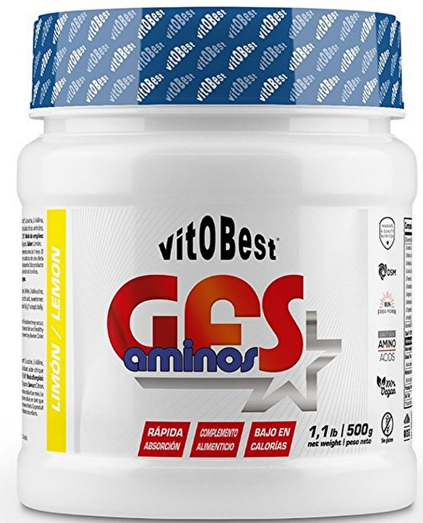


## GFS Aminos powder 500 gr Fresh lemon

EAN: 8436540534613    FABRICANTE: VIT.O.BEST



*Essential amino acids are protein components that the body is unable to produce, but needs to acquire through the diet to ensure its proper functioning and development.*

### DESCRIPTION

- Patented formula of essential amino acids of non-animal origin (Ajinomoto®).
- Rapid absorption pattern (about 23 minutes) and effective (almost 99.9% in the first 100 cm of the small intestine).
- Its consumption increases sports performance by 8%.
- It helps accelerate body protein synthesis.
- Suitable for people with celiac disease.

Its global functions include muscle, bone and dermal tissue regeneration; the formation of hemoglobin, collagen, antibodies and neurotransmitters that stimulate nerve synapses; the prevention of cardiovascular risk factors; and the metabolism of fats.

**GFSaminos** , from **Vitobest®** , is a patented essential amino acid food supplement perfectly designed to improve the functional performance of athletes ( **increases sports performance by 8%** ) <sup>1</sup> , and to prevent and control the loss of muscle mass and strength <sup>2</sup>. Its quality and functionality are endorsed by the **University of Alicante** .

Made from **essential plant-based amino acids** through fermentation produced by **Ajinomoto®** ( a Japanese brand known for having the highest quality standards), our formula has a **rapid absorption pattern** (about 23 minutes), effective (almost 99.9% in the first 100 cm of the small intestine) and unique (other protein sources require 3 to 5 hours to do so).

	Other sources of protein	Vitobest® GFSaminos
<b>Absorption capacity</b>	Much of the nutrients are lost in the digestive tract.	Almost 99.9% in the first 100 cm of the small intestine.
<b>Digestion</b>	They usually take between 3 and 5 hours.	Only 23 minutes.



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<b>Equivalences</b>	350 g of red meat.	10 g (1 vial or 10 capsules) of GFSaminos.
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**GFSaminos**, from **Vitobest®**, also stands out for its flavour. Amino acids have a bitter taste that makes them difficult to ingest, but **Vitobest®** created a line of flavours (lemon, melon and cherry) that allows you to enjoy this unique food supplement.

### Vitobest® GFSaminos contributes to:

In health <sup>2</sup>	In sport <sup>1</sup>
Prevent and control risk factors for sarcopenia.	Improve the functional performance of athletes (by 8%).
Reduce LDL cholesterol (bad cholesterol), cardiometabolic risk and body mass.	Accelerate the use of fats as an energy source.
Prevent type 2 diabetes and hypertension.	Reduce brain serotonin synthesis and symptoms of fatigue during physical activity.
Increase muscle mass and strength.	Decrease perceived exertion ratios.
Reduce the percentage of fat, especially that located in the abdominal area (waist circumference).	Improve cognitive functions during long distance running.

### How to use Vitobest® GFSaminos?

**In sport:** it can be used in any of the following variants, or the combination of two of them, considering a maximum of two intakes per day.

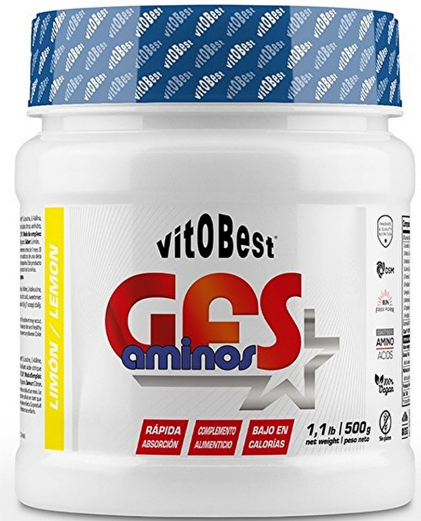
- Pre-workout: 20 minutes before starting exercises to improve the functional performance of the body during physical activity.
- Intra-workout: Two hours after pre-workout dosing to maintain desired pace.
- Post-workout: once the workout is over, to speed up the body's recovery.

**For health:** you can take up to a maximum of two doses per day, on an empty stomach, one hour before



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eating.

### Product claims:

- Vitamin B6 contributes to normal energy-yielding metabolism.
- Vitamin B6 contributes to normal protein and glycogen metabolism.
- Vitamin B6 helps reduce tiredness and fatigue.

**Allergens:** does not contain. Gluten free.

**Ingredients:** GFSaminos™ (Ajinomoto®) (L-Leucine, L-Valine, L-Isoleucine, L-Lysine, L-Threonine, L-Phenylalanine, L-Arginine, L-Methionine, L-Tryptophan, L-Histidine), sweetener: erythritol, acidifier: anhydrous citric acid, sweetener: xylitol, aroma: lemon, sweetener: sucralose, color: E-102 and pyridoxine hydrochloride (vitamin B6).

### Composition                      for 16.6 g

**GFSaminos™ (Ajinomoto®)                      10 g**

L-Leucine

L-Valine

L-Isoleucine

L-Lysine

L-Threonine

L-Phenylalanine

L-Arginine

L-Methionine

L-Tryptophan

L-Histidine

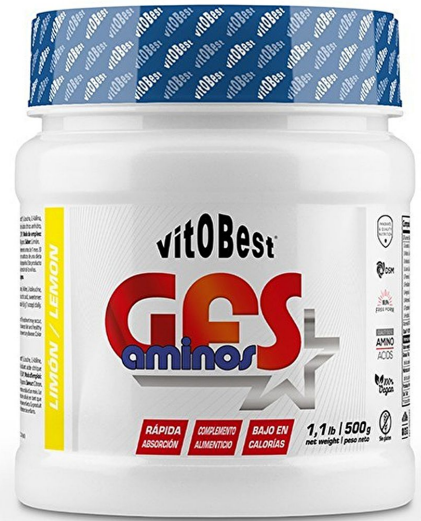
**Vitamin B6 \*(28.39%)                      0.4 mg**

\*% Nutrient Reference Value (NRV)



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### Nutritional Information for 16.6 g per 100 g

<b>Energy value</b>	<b>177 kJ</b>	<b>1071 kJ</b>
	<b>42 kcal</b>	<b>255 kcal</b>
<b>Fats</b>	<b>0 g</b>	<b>0 g</b>
of which saturated	0 g	0 g
<b>Carbohydrates</b>	<b>4.7 g</b>	<b>28 g</b>
of which sugars	0 g	0 g
<b>Proteins (amino acids)</b>	<b>10 g</b>	<b>60 g</b>
<b>Salt</b>	<b>0.001 g</b>	<b>0.01 g</b>

**DIRECTIONS FOR USE:** Take 16.6 g (1 scoop) daily, without any other protein source.

