

Ashwagandha 600mg 100 vegecaps

EAN: 8436594158438

FABRICANTE: VIT.O.BEST



Ashwagandha (AshwaNature Root®), by Vitobest®, is made with AshwaNature Root®, a registered trademark of Naturingredients, which contains ashwagandha root extract standardized to 5% withanolides.

DESCRIPTION

Ashwagandha, also known as *Withania somnifera* or Indian ginseng, is an herb that has been used for centuries in Ayurvedic medicine for its many health benefits, highlighting its role as an adaptogen.

- Ashwagandha extract (*Withania somnifera*).
- 5% withanolides from selected roots analyzed by HPLC-USP.
- Helps harmonize body and mind.
- Suitable for people with celiac disease.
- Vegetable capsules suitable for vegan diets and free of titanium dioxide.

It promotes the balance of our body caused by chronic stress situations, restoring homeostasis and increasing tolerance to it.

All this makes it a unique supplement, with multiple therapeutic uses.

Benefits of AshwaNature Root® :

- **Effects on the nervous system:** improvement of pain perception, relaxant, anxiolytic and neuroprotective.
- **Immunomodulatory effect:** immune reinforcement and protection against pathogens.
- **Hormonal effects:** reduction of cortisol levels, improving blood testosterone levels and fertility parameters.
- **Effect on sports performance** and improvement of body composition.
- **Metabolic and cardiovascular effects:** greater glucose tolerance and less cardiovascular risk.

AshwaNature Root® Features:

Prices valid except for changes on our website. (IVA/VAT) included. Doc. Version bf-trf-G-20241221
<https://bio-farma.es/buy/f/vit-o-best/ashwagandha-600mg-100-vegecaps>



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- **Quality guarantee: Naturingredients** guarantees that the product has been made with a raw material that originates in India, where the root of the plant has been used as the only therapeutic source.
- **The root of the plant is the component with the highest concentration of withanolides**, the main bioactive components of the plant, responsible for its health benefits. In this way, **AshwaNature Root®** presents a product truly standardized to **5% withanolides**, the concentration with the highest scientific evidence. All of this while respecting quality standards. This commitment guarantees the purity of the product, free from any form of adulteration.
- **Its manufacturing process guarantees the best quality parameters** in terms of colour, heavy metals, solvent residue, pesticide residue, benzoic acid, propanoic acid, etc.
- **Collaborative farming: Naturingredients** obtains its raw material in the country of origin of the product itself, where it works closely with multiple farmers to ensure the acquisition of high-quality raw materials. This practice significantly improves the effectiveness and efficiency of the product, obtaining a **100% organic**, non-modified product.
- **Raw material authenticated and confirmed by HPLC measurements (high-performance liquid chromatography):** HPLC is one of the best analytical techniques available, showing great separation efficiency of the compounds analysed. This guarantees the authenticity of the raw material used, as well as its correct standardisation.

AshwaNature Root® also has **NSF**, **ISO**, **FDA**, **BRC**, **GMP**, **HACCP**, **Halal** and **Kosher** certifications.

Allergens: does not contain. Gluten free.

Ingredients: AshwaNature Root®: dry extract of ashwagandha root (*Withania somnifera*), bulking agent: microcrystalline cellulose, thickener (capsule): hydroxypropyl methylcellulose and anti-caking agents: silicon dioxide and magnesium stearate.

Composition

for 2 VegeCaps

AshwaNature Root®:

600 mg

Ashwagandha root dry extract (*Withania somnifera*)

5% withanolides from selected roots analyzed by HPLC-USP





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DIRECTIONS FOR USE: Take 2 VegeCaps daily.

WARNING: The products shown here are **nutritional supplements** as established by the **European Directive 2002/46/EC** on food supplements. **Food supplements are not intended to replace a balanced and varied diet**, they are only presented in order to complement the intake of nutrients from a normal diet. The information described on the ingredients may not be related to the final effect or the benefits that it can perform. **They do not treat, prevent, diagnose or cure any disease**, facts attributable to medicines, as defined by the European Directive 2004/27/EC, of March 31, of the Council and the European Parliament on medicines. **The products should not be used as a substitute for a diet or medication and should be out of the reach of children**. The consumption of the products must be controlled by a professional, if in doubt, always consult your doctor.

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<https://bio-farma.es> - info@bio-farma.es

C/ Vermell, 20 3r 3a - 17252
St. Antoni de Calonge (Girona) Spain

 +34 696 79 77 77

