

Ashwagandha 60 Vegetable Capsules

EAN: 8436540531896

FABRICANTE: VIT.O.BEST



Helps harmonize body and mind. Ashwagandha extract (*Withania somnifera*). Contains 22.5 mg of withanolides per dose. Ashwagandha Vitobest.

DESCRIPTION

What is Ashwagandha from Vitobest® and what is it for?

Ashwagandha, from **Vitobest®**, is a product formulated from ashwagandha extract (*Withania somnifera*). Also known as 'Indian ginseng', this species is an ancient remedy used by Ayurvedic medicine both in its simple form and in combination with other herbs, to mitigate the effects of stress and inflammation, as well as to improve libido.

Ashwagandha, **Vitobest®**, uses an extract made from its root (extracted directly in its place of origin) and its leaves (standardized to 5% withanolides), resulting in one of the most complete and highest quality products. From the market.

Vitobest® uses vegetable capsules suitable for vegan diets and free of titanium dioxide.

What are the ingredients of Ashwagandha from Vitobest®?

Ingredients: dry extract of ashwagandha leaves and root (*Withania somnifera*), thickener (capsule): hydroxypropylmethylcellulose and anti-caking agents: magnesium stearate and silicon dioxide.

Composition

for 1 VegeCaps

dried ashwagandha (*Withania somnifera*) leaves and root ext.

5% withanolides

450mg

What is the recommended daily dose of Ashwagandha from Vitobest®?

INSTRUCTIONS FOR USE : Take one vegetable capsule a day.

