

4Fem 30 Vegetable Capsules

EAN: 8436594151385

FABRICANTE: VIT.O.BEST



Advanced formula. 100% natural ingredients. Contributes to improving female sexual health. Suitable for celiac people.

DESCRIPTION

What is 4Fem from Vitobest® and what is it for?

4Fem , from **Vitobest®** , is a product specifically developed to **help improve female sexual health** .

Its advanced formula with the highest quality components helps to improve libido and acts on the nervous system, calming stress.

One of the main causes of lack of sexual desire in women is the stress caused by the current pace of life and a sedentary lifestyle.

The advanced formula of **4Fem** , from **Vitobest®** , contains **saffron** and **ashwagandha** , which contribute to reducing stress effectively.

Angelica sinensis and **wild yam** contribute to hormonal balance, improving sexual appetite.

What is the composition of 4Fem by Vitobest®?

Angelica sinensis (1% ligustilide):

- It contains flavonoids, phytosterols, minerals (iron, magnesium, potassium) and vitamin A, B3, C, and E, which can influence the production of estrogen, essential for maintaining sexual desire at a satisfactory level.
- It is also characterized by improving arousal in menopause.
- Increases blood supply to the reproductive organs .
- Increases nitric oxide production which improves lubrication and libido .
- It acts as a flow regulator, vasodilator and hormonal balancer.
- Its high ligustilide content improves the function of the internal uterine tissue .

Prices valid except for changes on our website. (IVA/VAT) included. Doc. Version bf-trf-G-20241127
<https://bio-farma.es/buy/f/vit-o-best/4fem-30-vegetable-capsules>



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MacaFull® (0.6% macamides and macaenes):

- Numerous studies show that maca positively modulates sexual behavior and increases libido .
- It is especially effective during menopause .
- Maca improves thyroid function, obtaining better energy levels, and increases dopamine levels .
- Most of the testosterone in the blood is bound to the protein sex hormone binding globulin (SHBG), while the portion that is not bound to it is known as ?free testosterone,? and it is precisely on this where it can be found. influence maca .

Dioscorea villosa (Wild yam) (16% diosgenin):

Wild yam is rich in diosgenin, chemically similar to progesterone, and whose rate decreases in some situations (menopausal period, premenstrual period). Contributes to improving:

- Menopausal syndromes.
- PMS (premenstrual syndrome).
- Osteoporosis.
- Increases energy and sexual desire in both men and women.

Dry extract of damiana leaves (Turnera diffusa):

- With a high content of polyphenols, glycosides and terpenes.
- Invigorating (adaptogen).
- Stress control.
- Helps improve sexual function in women .

Ashwagandha:

- Powerful adaptogen .
- Control of stress and cortisol, inducing mental and body balance .

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Saffron:

- Dopamine increase .
- Reduces stress and improves mood.

What are the ingredients in 4Fem by Vitobest®?

Ingredients: dong quai root (*Angelica sinensis*) dry extract, wild yam (*Dioscorea villosa*) rhizome dry extract, thickener (capsule): hydroxypropylmethylcellulose, MacaFull®: maca root (*Lepidium meyenii*) dry extract, damiana leaves (*Turnera diffusa*), dry extract of ashwagandha roots (*Withania somnifera*), dry extract of saffron flower (*Crocus sativus*) and anti-caking agent: magnesium stearate.

Composition

for 2 VegeCaps

Dried dong quai root (<i>Angelica sinensis</i>) ext. 1% ligustilide	400mg
Dried ext. of wild yam rhizome (<i>Dioscorea villosa</i>) 16% diosgenin	400mg
MacaFull®: Dry extract of maca root (<i>Lepidium meyenii</i>) 0.6% Macaenes-Macamides	200 mg
Dry extract of damiana leaves (<i>Turnera diffusa</i>) 5:1 dried ashwagandha (<i>Withania somnifera</i>) roots ext.	200 mg
5% whitanolides dried saffron flower (<i>Crocus sativus</i>) ext.	150 mg
2% safranal and 4% crocins	50 mg

What is the recommended daily dose of 4Fem from Vitobest®?

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Take one capsule daily or take two capsules half an hour before sexual activity.

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