

L Carnitine 500 mg 30 Vegetable Capsules

EAN: 5060003590156 FABRICANTE: VIRIDIAN



L-Carnitine provides 500 mg of this amino acid that is formed from the amino acids lysine and methionine. Ideal for a plant-based diet. 100% active ingredients formulated by expert nutritionists.

DESCRIPTION

What is L-carnitine from Viridian and what is it for?

Amino acids are essential for the formation of proteins in the human body. L-carnitine is synthesized in the liver and kidneys, and then stored in various tissues, such as skeletal muscles, heart, brain, and sperm. Food sources of L-carnitine include red meat, dairy products and fish.

This supplement offers a 500 mg dose of L-carnitine in an easy-to-swallow vegan capsule. The amino acids present in this supplement are found in free form, which means that they do not require digestion, allowing faster absorption by the body.

Formulated by expert nutritionists, this supplement contains only 100% active ingredients, without artificial additives or harmful substances. In addition, it follows Viridian's strict ethical standards, ensuring the absence of testing on animals, genetically modified organisms and palm oil.

What is the composition of Viridian L-carnitine?

Ingredients

	Per 1 Capsule	Weight NRV
L-Carnitine		500mg
In a base of Alfalfa and Plant cellulose capsule		

What is the recommended daily dose of Viridian L-carnitine?

Take one to three capsules daily with food. Do not exceed the indicated dose unless recommended by your doctor.

