

## Essential Woman Multivitamins 60 vegetable capsules

EAN: 5060003590064 FABRICANTE: VIRIDIAN



Essential Woman Multivitamin is a unique blend of high-quality nutrients and botanical extracts to support optimal vitality in women ages 18-40. Vitamin B6 contributes to the regulation of normal hormonal activity. 100% active ingredients formulated by expert nutritionists

#### **DESCRIPTION**

Reasons to love

For women from 18 to 39 years old Contains 33 vitamins, minerals and botanicals. Vegan formula twice a day With saffron, ginseng and cranberry Vitamin B6 contributes to the regulation of hormonal activity.

Essential Woman Multivitamin provides high-quality nutrients and botanical extracts to support energy, mood, and feminine health. The unique combination of nutrients and botanicals in this advanced formula includes the highly prized saffron, Siberian ginseng, cranberry and hibiscus flower to support women between the ages of 18 and 39.

The unique combination of high-quality bioavailable nutrients and botanical extracts helps maintain energy and vitality. Vitamins B5, B2, B6, B12 and C, together with folic acid, iron and magnesium, contribute to reducing tiredness and fatigue, while zinc and biotin contribute to maintaining skin and hair in good condition. normal.

Siberian ginseng has a long history of use as a tonic for the support of physical and mental abilities and adaptation to daily stress. Saffron works in conjunction with this to support emotional balance and help maintain a positive mood along with vitamin B6 which contributes to the regulation of hormonal activity.

Contains 100% active ingredients formulated by expert nutritionists with no artificial or nasty fillers. Sourced in accordance with Viridian's strict ethical criteria, including no testing on animals, GMOs or palm oil.

Just to let you know that we are currently updating our packaging so your supplement may look a little different. Don't worry, the interior is the same.

Prices valid except for changes on our website. (IVA/VAT) included. Doc. Version bf-trf-G-20241215 https://bio-farma.es/buy/f/viridian/essential-woman-multivitamins-60-vegetable-capsules





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### Ingredients:

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Per 2 Capsules	Weight	NRV
Hibiscus ( <i>Hibiscus Rosa sinensis</i> ) Flower	100mg	
Cranberry ( <i>Oxycoccus spp</i> ) Fruit	100mg	
Vitamin B5 (D-Calcium Pantothenate)	100mg	1667
Vitamin C (Calcium and Magnesium Ascorbate)	130mg	163
Beta-carotene (from <i>Dunaliella Salina</i> Algae)	5mg	
(Providing vitamin A 833μg)	104	
Vitamin B6 (Pyridoxine HCL)	50mg	3571
Iron (Bisglycinate)	10mg	71
Vitamin E (D-Alpha Tocopherol Succinate)	50IU	275
(Providing 33.55mg of Tocopherol)		
Siberian Ginseng ( E. senticosus ) Extract (25:1)	40mg	
(Equivalent to 1000mg of Siberian Ginseng powder)		
Vitamin B1 (Thiamine HCL)	25mg	2273
Zinc (Citrate)	10mg	100
Vitamin B2 (Riboflavin)	25mg	1786
Vitamin B3 (Nicotinamide)	25mg	156
Saffron ( Crocus sativus ) Extract (0.3% Safranal)	20mg	
Potassium (Citrate)	10mg	0.5
Magnesium (Ascorbate and citrate)	20mg	5
Horsetail ( <i>Equisetum arvense</i> ) Extract (4:1) (2% Silica)	15mg	
Choline (Bitartrate)	5mg	
Selenium (Methionine)	55µg	100
Co Enzyme Q10	10mg	
Calcium (Ascorbate and citrate)	10mg	1.3
Inositol	5mg	

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Boron (Sodium Borate)	500µg	
Vitamin D3 (Cholecalciferol)(400IU)	10μg	200
Manganese (Citrate)	1mg	fifty
Copper (Citrate)	1mg	100
Chromium (Picolinate)	100μg	250
Vitamin K1 (Phylloquinone)	20μg	26
Folic Acid	400µg	200
lodine (from Seagreens® kelp and Potassium iodide)	150µg	100
Molybdenum (Ammonium Molybdate)	50μg	100
Biotin	50μg	100
Vitamin B12 (Adenosylcobalamin and Methylcobalamin)	20μg	800
In a base of Alfalfa, Spirulina and Bilberry		
Plant cellulose capsule		

#### Addresses and storage:

As a dietary supplement, take two capsules a day with food. Do not exceed the indicated dosage unless recommended by your doctor. Store in a cool, dry place, out of the sight and reach of children. It should not be used during pregnancy or breastfeeding unless recommended by a doctor. It is a food supplement that should not be used as a substitute for a varied diet and lifestyle.

