

## Biotin 2500ug 90 Vegetable Capsules

EAN: 5060003592037 FABRICANTE: VIRIDIAN



Food supplement based on biotin, which contributes to maintaining the health of hair, skin and nails. No added sugars. Without gluten. Without lactose. Vegan. Vegetarian.

#### **DESCRIPTION**

#### What is Viridian Biotin?

Biotin is the beauty B vitamin that nourishes from the inside, contributing to the maintenance of hair and skin in normal conditions. This one-day supplement provides an optimal therapeutic dose. 100% active ingredients formulated by expert nutritionists.

Biotin, also known as vitamin B7, uniquely supports the health of hair, skin and nails. It owes its name to the ancient Greek word "biotos", which means "sustenance" or "life."

Biotin is found naturally in food sources such as fish, dairy, nuts, and green leafy vegetables and is a water-soluble vitamin that helps the body perform a variety of different functions. In addition to maintaining healthy skin, it can also serve to support the nervous system, normal psychological function, and even metabolic function.

In this once-daily microcapsule capsule, biotin is delivered at a daily amount of 2500 ?g, making it an effective supplement for beauty and health from the inside out.

Contains 100% active ingredients formulated by expert nutritionists with no artificial or nasty fillers. Sourced in accordance with Viridian's strict ethical criteria, including no testing on animals, GMOs or palm oil.

#### What is Biotin used for?

Biotin contributes to the maintenance of healthy hair, skin and nails.

Biotin contributes to the normal functioning of the nervous system.

Biotin contributes to normal psychological function.

#### What are the ingredients in Viridian Biotin?





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Ingredients in a capsule:		(%VRN)
Biotin	2500mg	5000
In a base of alfalfa, spirulina and blueberry		
Vegetable cellulose capsule		

Note: %VNR means "Nutrient Reference Value" and refers to the percentages of the recommended daily intake established by the European Union.

100% active ingredients. No artificial additives, binders or fillers. No added sugar or sweeteners. Non-GMO. Palm oil-free certification by POFCAP. Not tested on animals.

### What is the recommended daily dose of Viridian Biotin?

Recommended daily dose or instructions for use:

Take one capsule a day with food.



