

Beauty Complex Hair, Skin and Nails 30 Vegetable Capsules

EAN: 5060003591603 FABRICANTE: VIRIDIAN



Ultimate Beauty Hair, Skin and Nails Complex is a synergistic combination of vitamins, minerals and phytonutrients to support the underlying structures of healthy skin, hair and nails. Both biotin and selenium contribute to the maintenance of hair and skin in normal conditions. 100% active ingredients formulated by expert nutritionists.

DESCRIPTION

What is Viridian Beauty Complex Hair, Skin and Nails and what is it for?

Ultimate Beauty Complex is a synergistic combination of plant-based vitamins, minerals and phytonutrients to support the underlying structures of healthy skin, hair and nails. This unique combination of 10 active ingredients has been designed to help nourish skin, hair and nails as well as provide comprehensive well-being.

Both biotin and selenium contribute to the maintenance of hair and skin in normal conditions. The addition of copper promotes normal hair and skin pigmentation while protecting cells from oxidative stress. Vitamin C contributes to the formation of collagen for optimal skin function and, as an antioxidant, also helps in the fight against aging by combating oxidative stress induced by free radicals. Vitamin C also increases iron absorption.

Viridian's Ultimate Beauty range has been specifically designed to improve the health and appearance of skin, hair and nails by nourishing the body from within. We recommend taking Ultimate Beauty Complex along with Viridian's Ultimate Beauty Organic Omega Oil for best results.

Contains 100% active ingredients, formulated by expert nutritionists with no artificial or unpleasant fillers. Sourced in accordance with Viridian's strict ethical criteria, including no testing on animals, GMOs or palm oil.

What are the ingredients in Viridian Beauty Complex Hair, Skin and Nails?

Ingredients per capsule:		%VRN**
MSM (Methyl sulphonyl methane)	950mg	5000
Vitamin C (as zinc and magnesium ascorbate)	180mg	225
Zinc	15mg	150
Magnesium	17mg	4.5

Prices valid except for changes on our website. (IVA/VAT) included. Doc. Version bf-trf-G-20241222
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Betacarotene/Natural carotenoid		
(<i>Dunaliella Salina Algae</i>) containing:		
Beta carotene	5mg	
Cryptoxanthin	76 ug	
Alpha Carotene	316 ug	
Zeaxanthin	64 ug	
Lutein	50ug	
Iron (Bisglycinate)	10mg	71.4
Pine Bark Extract (<i>Pinus Sylvestris</i>) (95% OPC)	25mg	
Grape seed extract (95% OPC)	25mg	
Selenium (L-selenomethionine)	100ug	181
Horsetail Extract 4:1 (<i>Equisetum Arvense</i>)	15mg	
Containing 300mcg of Silica		
Copper (Citrate)	1mg	100
Biotin 500 ug	500mg	
Vegetable Cellulose Capsule (*HPMC)	200mg	

* Hydroxypropymethyl cellulose ** EU nutrient reference value

What is the recommended daily dose of Viridian Beauty Complex Hair, Skin and Nails?

Recommended daily dose or instructions for use: Two capsules daily with food.

