



*Multivitamins Complete with Trace Elements from Vallesol is a powerful food supplement designed to strengthen the body in times of great physical and intellectual wear and tear, such as seasonal changes, periods of stress, asthenia or decay.*

### DESCRIPTION

**Vallesol Multi Vitamins Complete** 24 effervescent tablets. Food supplement based on 12 vitamins and 7 trace elements that contribute to the normal functioning of the **immune system**, to reduce **tiredness** and fatigue and to normal **energy metabolism**. Indicated **for active adults** who need nutritional support in times of overexertion, during seasonal changes, in times of stress, asthenia or decay. It is recommended to take 1 tablet a day dissolved in water.

\*Food supplements should not be used as a substitute for a varied and balanced diet or a healthy lifestyle.

### Composition

12 Vitamins (A, C, D, E, B1, B2, B3, B5, B6, B8, B9 and B12) and 7 minerals (Chromium, Copper, Iron, Magnesium, Manganese, Molybdenum and Zinc).

