

# **Serenesi 60 Naturcaps**

**EAN:** 8008843133260 **FABRICANTE:** TREPATDIET



Food supplement for mental well-being and relaxation in case of stress.

#### **DESCRIPTION**

#### Instructions for use

It is recommended to take two capsules a day with plenty of water.

## **Ingredients**

- Ashwagandha, ES TIT. 10% Witanolides.
- Melissa, Leaf ES TIT. 7%.
- Hydroxycinnamic Acid as Rosmarinic Acid.
- Hops Strobila ES TIT. 0.1% Total Flavonoids.
- Lavender, Florida Summit ES 4:1.
- L-Theanine (Green Tea).
- Magnesium.

### **Contraindications**

Not recommended for use in children or during pregnancy or breastfeeding.

If you are being treated with oral anticoagulants.

Its use is not recommended together with anxiolytics such as benzodiazepines.

