

## Omega 3 Extra 120 Pearls

EAN: 8008843133185

FABRICANTE: TREPATDIET



*Natural supplement for heart function containing pure concentrated blue fish oil (from the Pacific Ocean), rich in Omega 3 and vitamin E.*

### DESCRIPTION

Food supplement containing omega 3 fatty acids. These fatty acids are essential for the proper functioning of the body and are used to improve **cardiovascular** and **brain health and control triglycerides**.

### Instructions for use

It is recommended to take 1 to 5 pearls a day, depending on the need, preferably with food.

### Ingredients

CONCENTRATED FISH OIL, (total OMEGAS 3 3.67 g - EPA 2.15 g + DHA 1 g) / VITAMIN E (natural, from sunflower oil).

### What medications cannot be mixed with omega-3?

Omega-3 dietary supplements may interact with medications you take. For example, high doses of omega-3s may cause bleeding problems when taken with **warfarin (Coumadin®) or other blood-thinning medications**.

### How do you take omega-3 in the morning or at night?

To ensure optimal absorption, specialists suggest taking the supplement **with dinner**, which usually contains fats.

