

Melatonin (30 Tabs) Activ 1mg

EAN: 8008843010912 FABRICANTE: TREPATDIET



Melatonin helps to alleviate the subjective sensation of jet lag and to reduce the time needed to fall asleep. PURA 1MG.

DESCRIPTION

The beneficial effect is obtained with a minimum intake of 0.5 mg, which should be taken shortly before going to bed on the first day of travel and a few days after arrival at the destination.

PRESENTATION

Box of 30 microtablets, in blister.

HOW TO USE

1 microtablet daily, one hour before bedtime.

COMPONENTS

MELATONIN 1 mg.

DOES NOT CONTAIN

Gluten, dairy derivatives, lactose, added sugar and added preservatives, artificial colors, artificial flavors.

WARNINGS

Keep out of reach of children. The product should not be considered as a substitute for a varied diet. Pregnant or breastfeeding women should consult a health professional.

Suitable for vegetarians and vegans

