

## Pure State Methyl B12 Folic Acid 60 Vcaps

EAN: 8436005300166 FABRICANTE: TONGIL



Food supplement based on Vitamin B12 in its active form methylcobalamin and active folic acid.

#### DESCRIPTION

#### What is Pure State Methyl B12 Folic Acid from Tongil used for?

Folates contribute to normal amino acid synthesis and normal blood cell formation.

Vitamin B12 contributes to the normal functioning of the nervous system, the normal formation of red blood cells and normal energy-yielding metabolism.

Folates and vitamin B12 contribute to: the process of cell division, normal functioning of the immune system, normal homocysteine metabolism, and help reduce tiredness and fatigue.

#### What does Pure State Methyl B12 Folic Acid from Tongil contain?

Unique vegan formula based on the active forms of vitamin B12 and folic acid. Maximum effectiveness due to the synergy between the active ingredients, since the metabolic pathways of vitamin B12 and folic acid are linked.

Vitamin B12 in its active form, methylcobalamin, comes from fermentation. Unlike other forms of vitamin B12 provided in supplements such as hydroxycobalamin or cyanocobalamin, it does not need to be metabolized to exert its effect on the body.

Quatrefolic® active folic acid (5-methyltetrahydrofolate). Unlike folic acid and other folates used in supplementation, it does not need to be metabolized to exert its effect on the body. It also guarantees maximum bioavailability and absorption within the group of active folates.

Reinforced with plant sources that provide the full range of B vitamins and plant cofactors to maximize absorption and bioavailability.

#### ACTIVE INGREDIENTS / DAILY DOSE (1 CAPSULE)

- Standardized active complex of B vitamins 100 mg from Quinoa sprouts (Chenopodium quinoa), which provides vitamins B1, B2, B3, B5, B6, biotin, folic acid and vitamin B12.
- Spirulina platensis powder 100 mg.

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- Vitamin B12 (methylcobalamin) 500 μg (20,000% NRV\*).
- Folic acid (5-methyltetrahydrofolate) 400 μg (200% NRV\*).

\*NRV: Nutrient Reference Values.

• Other ingredients: Vegetable capsule (hydroxypropyl methylcellulose), maltodextrin and anti-caking agent, silicon dioxide.

### Allergens

Does not contain.

### Instructions for use

Take 1 capsule daily.

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