

EAN: 8436005300944 FABRICANTE: TONGIL



PHASE 1: DETOX PHASE - Food supplement based on concentrated plant extracts, Magnesium and Coconut water. PHASE 2: REDUCE PHASE - Food supplement based on dry extracts of Garcinia cambogia, Coleus forskohlii, Turmeric, Black pepper, Cayenne, Ginger, Moringa, Choline, Inositol and Chromium.

### DESCRIPTION

#### PHASE 1: DETOX PHASE

DETOXIFIES: Contains Birch and Milk Thistle, which promote the body's detoxification processes, and Artichoke, which promotes weight loss.

REMINERALIZES: Contains Horsetail, which helps remineralize the body, and Magnesium, which contributes to electrolyte balance and muscle function.

ENERGY: Contains Ashwagandha (Withania somnifera), which helps maintain energy and vitality levels. Contains Magnesium, which helps reduce tiredness and fatigue.

#### PHASE 2: REDUCE PHASE

FATS: Garcinia cambogia helps reduce fat storage.

GLUCOSE: Chromium contributes to the normal metabolism of macronutrients.

APPETITE: The HCA in Garcinia cambogia helps reduce the feeling of appetite.

Estado Puro EN FORMA is a commitment to an active lifestyle, a way of understanding and living day to day life that ultimately aims to help you achieve your goals in a healthy way.

Phase 1: DETOX PHASE based on concentrated plant extracts, Magnesium and Coconut Water. With patented extracts: Sensoril®, patented dry extract of roots and leaves of Withania somnifera; and Sidemag® Marine, which provides patented magnesium from the seas of northern Europe, liposomal, highly bioavailable and tolerable.

Phase 2: REDUCE PHASE based on an exclusive combination of ingredients reinforced by the presence of Capsifen®, a patented extract of Cayenne fruit coated with fiber Fenugreek. Patented technology. Patented technology that produces capsaicin-coated microgranules that are selectively released in the







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intestine.

Well tolerated, without gastric discomfort. High bioavailability.

## PHASE 1: DETOX PHASE

## ACTIVE INGREDIENTS / DAILY DOSE (25 ML)

- Coconut Water Powder 1000 mg.
- Pineapple juice 500 mg.
- Artichoke fluid extract 450 mg.
- Dandelion fluid extract 450 mg.
- Sidemag® Marine (marine magnesium hydroxide) 400 mg.

- providing Magnesium 80 mg (21.3% NRV\*).

- Fumaria fluid extract 360 mg.
- Grama fluid extract 330 mg.
- Horsetail fluid extract 300 mg.
- Sarsaparilla fluid extract 300 mg.
- Boldo fluid extract 210 mg.
- Green Tea Fluid Extract 210 mg.
- Birch dry extract 200 mg.
- Cinnamon fluid extract 120 mg.
- Milk Thistle Fluid Extract 100 mg.
- Licorice fluid extract 90 mg.
- Ginseng fluid extract 60 mg.
- Oregano fluid extract 60 mg.
- Thyme fluid extract 60 mg.
- Sensoril® (patented ES of Ashwagandha ?Withania somnifera-) 50 mg.

\*NRV: Nutrient Reference Values.

• Other ingredients: Water, rice starch, emulsifiers (sucrose esters of fatty acids and lecithin), anticaking agent (calcium phosphate and silicon dioxide), stabilizer: rice flour, natural coconut flavor,







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maltodextrin, preservatives (potassium sorbate and sodium benzoate), sweetener (steviol glycosides), acidulant (citric acid).

• Allergens: Contains coconut.

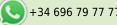
### **PHASE 2: REDUCE PHASE**

## ACTIVE INGREDIENTS / DAILY DOSE (2 CAPSULES)

- Garcinia cambogia fruit dry extract standardized to 50% 300 mg.
- HCA (hydroxycitric acid) content 150 mg.
  - Coleus root dry extract forskolin standardized to 10% 150 mg.
- Forskolin content 15 mg.
  - Dry extract of Turmeric root standardized to 95%: 100 mg.
- Curcuminoid content 95 mg.
  - EN 5:1 Moringa leaves (equivalent to 500 mg of powder) 100 mg.
  - $\bullet$  Capsifen  $\ensuremath{\mathbb{R}}$  (Cayenne ES coated with Fenugreek soluble fiber) 60 mg.
- Capsaicin content 1.2 mg.
  - ES 4:1 Ginger rhizome (equivalent to 200 mg of powder) 50 mg.
  - Choline Citrate 50 mg.
  - Inositol 50 mg.
  - Bioperine<sup>®</sup> (black pepper dry extract) 4 mg.
  - Chromium picolinate 0.33 mg.

- Chromium content 40 ?g (100% NRV\*). \*NRV: Nutrient Reference Values.

• Other Ingredients: Vegetable capsule (hydroxypropyl methylcellulose), maltodextrin, glazing agents (microcrystalline cellulose, soy lecithin and gum acacia), stabilizer (gum arabic).







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#### Instructions for use

The first 10 days are DETOX PHASE and the next 20 days are REDUCE PHASE.

DETOX: Add 1 25 ml measuring cap to water or juice, once a day.

REDUCE: Take 1 capsule with lunch and 1 capsule with dinner.



