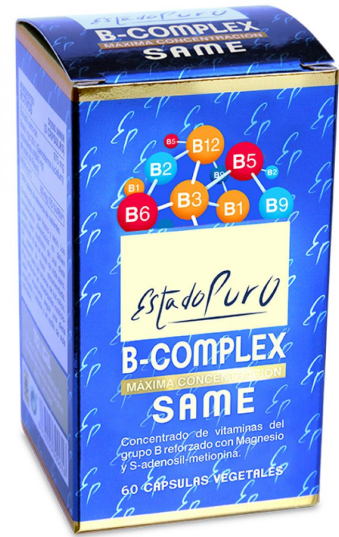


## Pure State B Complex Same 60 Vcaps

EAN: 8436005301644 FABRICANTE: TONGIL



Food supplement based on B vitamins, Spirulina platensis, Magnesium and SAME (S-adenosyl-methionine).

### DESCRIPTION

#### What is Estado Puro B Complex Same from Tongil used for?

Vitamins B1, B2, B3 and B6 contribute to the normal functioning of the nervous system and help reduce tiredness and fatigue.

Magnesium contributes to the normal functioning of the nervous system and normal psychological function.

Balanced and concentrated formula with all the B vitamins.

It provides 100% vegetable vitamins, from a standardized active complex from Quinoa sprouts (Panmol®). It thus provides the natural cofactors that contribute to its absorption to ensure maximum bioavailability and efficacy.

With active SAME, derived from fermentation using brewer's yeast.

Reinforced with Spirulina platensis, cultivated and processed under the strictest quality parameters.

#### ACTIVE INGREDIENTS / DAILY DOSE (2 CAPSULES)

- Magnesium carbonate 524 mg.
- Magnesium content 131.25 mg (35% NRV\*).
- Vitamin complex 350 mg.
- Spirulina platensis powder 300 mg.
- SAME 25 mg.
- Choline 30 mg.
- Inositol 30 mg.
- Panmol® (standardized active complex of 20 mg of B vitamins from quinoa sprouts).
- Total vitamin content:
  - vitamin B1 (Thiamin) 2.48 mg (225% NRV\*).
  - vitamin B2 (Riboflavin) 2.86 mg (204% NRV\*).
  - vitamin B3 (Niacin) 31.54 mg (197% NRV\*).



## Pure State B Complex Same 60 Vcaps

EAN: 8436005301644    FABRICANTE: TONGIL



- Vitamin B6 (Pyridoxine) 3.50 mg (250% NRV\*).
- Folic Acid 0.39 mg (197% NRV\*).
- Vitamin B12 (Cyanocobalamin) 4 µg (173% NRV\*).
- Biotin 0.26 mg (537% NRV\*).
- Pantothenic acid 10.50 mg (175% NRV\*).
- Vitamin E 17.5 mg (145% NRV\*).
- Vitamin C 105 mg (131% NRV\*).

\*NRV: Nutrient Reference Values.

- Other Ingredients: Vegetable capsule (hydroxypropyl methylcellulose) and bulking agent (mannitol).  
Allergens: Does not contain.

### Instructions for use

Take 2 vegetable capsules a day.

