

KONJAC SPAGHETTI A LA BOLO ESA 250 g

EAN: 8437000730552 FABRICANTE: THE KONJAC SHOP



Konjac Spaghetti Bolognese from The Konjac Shop? has a very similar flavor and texture to wheat spaghetti, but with 88% fewer calories and 97% fewer carbohydrates. It is an ideal food for losing weight, maintaining shape, diabetics and athletes.

DESCRIPTION

The **KONJAC SPAGHETTI BOLOGNESE**:

Ready to eat; Heat the tray in the microwave for 2 minutes and eat.

Doubly satiating: konjac glucomannan + protein.

Low-calorie food: 49kcal per 100g.

Low in carbohydrates and fats.

Delicious konjac spaghetti bolognese with very balanced nutritional values, low in carbohydrates and high in fiber. Ideal for low fat and low carbohydrate diets. This typically Mediterranean recipe is different from the traditional one, not because of its quality, but because of its exceptional qualities.

It is composed of **konjac shirataki spaghetti**, a **low-calorie pasta made with soluble konjac fiber** and with a much higher fiber content than normal pasta. For this reason it is the ideal pasta for **body fat loss diets**. In addition, it preserves all the flavor of the original recipe.

Konjac Spaghetti Bolognese from **The Konjac Shop? and Go Natur Food?** have a very similar flavor and texture to regular wheat spaghetti, but with 88% fewer calories and 97% less carbohydrates and sugars. In addition, these low-calorie Spaghetti have proteins and fiber that give it a low glycemic index that makes it an ideal food for diabetics, athletes, to lose weight and maintain shape.


Much healthier and more balanced nutritional values than traditional pasta. This healthy meal contains **13 g of protein** that helps maintain and develop muscle mass, only **5.8 g of complex carbohydrates**, **0.3 g of saturated fat** and **4 g of dietary fiber**, which improves intestinal transit, helps eliminate toxins from the body and improves gastrointestinal health. It also has a **very low salt content**, only **1.8 g** (exclusively Himalayan Pink Salt). **The Konjac Shop** meals are reduced in calories and carbohydrates, but maintain the **delicious taste** of classic Italian pasta.

- Helps **lose weight**.
- Improves **intestinal transit**.
- Improve **gastrointestinal health**.

Prices valid except for changes on our website. (IVA/VAT) included. Doc. Version bf-trf-G-20241125
<https://bio-farma.es/buy/f/the-konjac-shop/konjac-spaghetti-a-la-bolo-esa-250-g>

<https://bio-farma.es> - info@bio-farma.es

C/ Vermell, 20 3r 3a - 17252
St. Antoni de Calonge (Girona) Spain

 +34 696 79 77 77



KONJAC SPAGHETTI A LA BOLO ESA 250 g

EAN: 8437000730552 FABRICANTE: THE KONJAC SHOP



- Improves the **assimilation** of macronutrients.
- **Reduced in carbohydrates.**
- **Reduced in calories.**
- **Delightful** taste.

Simply **heat, eat and enjoy?** or you can also try them at room temperature. They are equally **delicious.**

Ingredients : Konjac 40% (purified water, amorphophallus konjac 3.6%, calcium hydroxide (stabilizer)), tomato 30% (tomato, citric acid (acidulant)), beef 12%, onion, sunflower oil, olive oil (0.8 %), water, white wine (**sulfites**), sugar, garlic, Himalayan Pink Salt, aromatic plants, spices.

Contains allergens: sulfites

Conservation conditions : Store in a cool, dry place (no refrigeration necessary)

Instructions for use: Heat and ready (2 min)

NUTRITIONAL VALUES (100 g)

	Per 100g	Serving (250g)
Energetic value	117kJ / 42kcal	442kJ / 105.7kcal
Fats	1g	2.5g
Of which: Saturated fatty acids	0.12g	0.3g
carbohydrates	2.32g	5.8g
Of which: sugars	1.52g	3.8g
Proteins	5.2g	13g
Salt	0.72g	1.8g
Fiber	1.6g	4g

