

## GREEN BEAN NOODLES 250 g

EAN: 8437026851316    FABRICANTE: THE KONJAC SHOP



*Bean noodle protein pasta is gluten-free pasta, low in calories and high in protein. It allows you to make healthy meals and follow a moderate carbohydrate and high protein diet. It is perfect for maintaining healthy habits.*

### DESCRIPTION

Traditional pasta contains simple carbohydrates that can accumulate in our body, making it difficult to lose body fat. Our goal may even be to gain or simply maintain muscle mass.

What if a new type of protein pasta is now possible, with similar flavor and texture characteristics, but without its negative points?

With the healthy properties of soy green bean flour it is possible. Here's what noodles can do for you:

- \* THEY HELP YOU IN MAINTAINING OR GAINING MUSCLE MASS, ALONG WITH A HEALTHY DIET: It is for you if you want to maintain your current muscle mass, without losing it, and focusing on losing body fat.
- \* FLAVOR AND TEXTURE VERY SIMILAR TO TRADITIONAL PASTA, AND WITH GREAT SATIATING POWER.
- \* HEALTHY AND QUALITY FOOD, 100% VEGETABLE AND GLUTEN FREE.

Ingredients: soy green bean flour (90%), purified water (10%).

Contains soy.

### **Preparation :**

1. Boil for 5 minutes
2. Drain the pasta
3. Serve with the desired sauce

### **Conservation :**

- ? Keep in a cool, dry place at room temperature
- ? Refrigerate after opening and keep for a maximum of 3 days. Do not freeze.



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### Nutritional information:

Parámetro	Por 100g	50g (1 ración)
Valor energético	330kcal / 1386Kjul	165kcal / 693Kjul
Grasa Bruta	8,26g	4,13g
Grasas saturadas	1,54g	0,77g
Hidratos de carbono totales	16,3g	8.15g
Azúcares totales	<0,5g	<0,3g
Fibra Alimentaria	20,7g	10,35g
Proteínas	37,5g	18,75g
Sal	0,002g	0,001g

