

BLACK BEAN PROTEIN NOODLES 250 g

EAN: 8437026851163 FABRICANTE: THE KONJAC SHOP



Bean noodle protein pasta is gluten-free pasta, low in calories and high in protein. It allows you to make healthy meals and follow a moderate carbohydrate and high protein diet. It is perfect for maintaining healthy habits.

DESCRIPTION

Traditional pasta contains simple carbohydrates that can accumulate in our body, making it difficult to **lose body fat** . Our goal may even be to **gain or simply maintain muscle mass** .

What if a new type of protein pasta is now possible, with similar flavor and texture characteristics, but without its negative points?

With the healthy properties of black soybean flour it is possible. Here's what noodles can do for you:

- *** THEY HELP YOU IN MAINTAINING OR GAINING MUSCLE MASS, ALONG WITH A HEALTHY DIET.**
- *** FLAVOR AND TEXTURE VERY SIMILAR TO TRADITIONAL PASTA, AND WITH GREAT SATIATING POWER.**
- *** HEALTHY AND QUALITY FOOD, 100% VEGETABLE AND GLUTEN FREE.**

Ingredients : black soy bean flour (90%), purified water (10%).

Contains soy.

Preparation :

1. Boil for 5 minutes
2. Drain the pasta
3. Serve with the desired sauce

Conservation:



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? Keep in a cool, dry place at room temperature

? Refrigerate after opening and keep for a maximum of 3 days. Do not freeze.

Nutritional information:

Parámetro	Por 100g	50g (1 ración)
Valor energético	328kcal / 1375Kjul	164kcal / 687Kjul
Grasa Bruta	7,62g	3,8g
Grasas saturadas	1,31g	0,66g
Hidratos de carbono totales	16,2g	8,1g
Azúcares totales	<0,5g	<0,3g
Fibra Alimentaria	19,8g	9,9g
Proteínas	40g	20g
Sal	0,002g	0,8g

