

ORGANIC BERGAMOTE ESSENTIAL OIL 30ml

EAN: 8436553168676 **FABRICANTE:** TERPENIC



Terpenic organic Bergamot essential oil is indicated for depression, sedation and antispasmodic. It can be used orally, topically, and as a cleanser.

DESCRIPTION

Terpenic organic Bergamot essential oil or scientifically called: Citrus bergamia contains 55% monoterpenes, 33% esters, 14% monoterpenols and 1% others.

What are the therapeutic properties of Terpenic organic Bergamot essential oil?

The therapeutic properties of Terpenic organic Bergamot essential oil are:

- antidepressant
- Sedative.
- Antispasmodic.

What are the indications for Terpenic Bio bergamot essential oil?

The indications of Terpenic organic Bergamot essential oil are:

- Central nervous system relaxant.
- Very indicated in cases of insomnia, stress, asthenia.
- Digestive problems of nervous origin.

Does Terpenic organic Bergamot essential oil have any contraindications?

Terpenic's organic Bergamot essential oil is contraindicated in pregnant women, lactating women and in external use, care must be taken as it is very photosensitizing.

Some uses of Bergamot organic essential oil from Terpenic:

Stress, nervous agitation: Diffusion of 8 to 10 drops of the essential oil in a diffuser.

