

OstoFort 90 Caps

EAN: 628747115704

FABRICANTE: SURA VITASAN



Osto-Fort is a food supplement based on microcrystalline hydroxyapatite, vitamins, minerals, plant extracts and amino acids that provides calcium, phosphorus and organic collagen of maximum assimilation together with the most complete support of cofactors to help maintain bone health.

DESCRIPTION

*Health claims (EU Regulation No 432/2012): Calcium, phosphorus, manganese, zinc, vitamin D and vitamin K are necessary for the **maintenance of normal bones** . Vitamin C contributes to the natural formation of **collagen** for the normal functioning of **cartilage** and **bones** .*

Gluten free, Dairy free

Animal origin: hydroxyapatite (bovine) / Vitamin D3 (sheep lanolin)

Ingredients : Calcium salts of orthophosphoric acid (microcrystalline hydroxyapatite), proteins (from microcrystalline hydroxyapatite), L-lysine monohydrochloride, L-proline, glucosamine (from *Aspergillus niger*), magnesium oxide, L-ascorbic acid, magnesium bisglycinate, natural mint flavour, anti-caking agent (vegetable magnesium stearate), support (citric acid), boric acid, grape seed extract (*Vitis vinifera*), lycopene (from *Lycopersicon esculentum*), green tea leaf extract (*Camellia sinensis*), horsetail aerial part extract (*Equisetum arvense*), zinc mono-L-methionine-sulfate, turmeric root extract (*Curcuma longa*), lutein (from *Tagetes erecta*), vitamin D3 (cholecalciferol), manganese citrate, vitamin K2 (menaquinone-4), anti-caking agent (silicon dioxide), calcium L-methylfolate, thiamine hydrochloride, cupric citrate, vitamin B12 (methylcobalamin), vitamin K2 (menaquinone-7), vegetable capsule (glazing agent: hydroxypropyl methylcellulose; humectant: purified water).

Nutritional information:	2	capsules	VRN*
Calcium (from hydroxyapatite)	300	mg	38%
Phosphorus (from hydroxyapatite)	150	mg	21%

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Proteins (from hydroxyapatite)	300	mg	
Magnesium (from bisglycinate and Mg oxide)	48.3	mg	13%
Zinc (from mono-L-methionine-sulf. Zn)	3.1	mg	31%
Manganese (from Mn citrate)	0.9	mg	45%
Copper (from cupric citrate)	0.31	mg	31%
Boron (from boric acid)	1.1	mg	
Horsetail (<i>Equisetum arvense</i>) (7% silica)	10	mg	
Thiamine (Vit. B1) (Thiamine HCl)	1.4	mg	127%
Vitamin K2 (menaquinone 4 and 7)	31	µg	41%
Vit. D3 (cholecalciferol) (167 IU/cap)	8.3	µg	166%
Vitamin C (L-ascorbic acid)	62	mg	78%
Vitamin B12 (methylcobalamin)	50	µg	2.000%
Folate (Calcium L-methylfolate)	166.7	µg	83%
L-lysine	100	mg	
L-proline	100	mg	
Glucosamine (from <i>Aspergillus niger</i>)	84	mg	
Turmeric (<i>Curcuma. longa</i>) (95% curcuminoids**)	6.7	mg	
Grape seed (<i>Vitis vinifera</i>) (95% PACs)	20	mg	
Green tea (<i>Camellia sinensis</i>) (75% EGCG) (5.25 mg/cap EGCG)	14	mg	
Lutein (from <i>Tagetes erecta</i>)	0.7	mg	
Lycopene (from <i>Lycopersicon esculentum</i>)	1.7	mg	

*NRV: nutrient reference value in %.

**Providing curcumin I, demethoxycurcumin and bisdemethoxycurcumin.

Warnings

Do not consume during pregnancy or breastfeeding, in persons under 18 years of age, with other products containing green tea or on an empty stomach. Consult a professional before taking this product if you are taking medication (anticoagulants or antiplatelets) or have special medical conditions (ulcers or gallstones).



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Recommended dosage

2 capsules one to three times a day with food. It is preferable to space out the intake of the medication.

