

OMEGA 3 1200 mg 120 Pearls

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FABRICANTE: SURA VITASAN



Omega-3 is a food supplement based on omega-3 essential fatty acids that provides 180 mg of EPA and 120 mg of DHA per pearl. The oil is obtained from wild anchovies by molecular distillation, a purification method that guarantees a pharmaceutical grade oil free of environmental contaminants.

DESCRIPTION

Gluten free, Dairy free

Animal origin: fish oil / bovine gelatin (pearl)

Common allergens: fish

Ingredients :

- Wild **fish** oil (anchovy).
- Antioxidant: D-alpha tocopherol (from sunflower).
- Pearl (coating agent: gelatin; humectant: purified water and glycerin).

| Nutritional information: | 4 | pearls |
|--|----------|---------------|
| wild fish oil | 4,000 | mg |
| Provides omega-3 essential fatty acids*: | | |
| EPA (eicosapentaenoic acid) | 720 | mg |
| DHA (docosahexaenoic acid) | 480 | mg |

* In the form of triglycerides.

Recommended dose: 2 pearls half an hour after breakfast and another 2 pearls half an hour after dinner. Do not exceed the recommended daily dose.

*Health claims (EU Regulation No. 432/2012): EPA and DHA contribute to normal **heart function**. DHA contributes to maintaining normal **brain** and **vision** function. The beneficial effect is obtained with a daily intake of 250 mg of EPA and DHA.*

