

## Liquid vitamin B12 15 ml

EAN: 628747225564

FABRICANTE: SURA VITASAN



*SuraVitasan Liquid Vitamin B12 is composed of methylcobalamin, the active form of vitamin B12, in a liquid dosage matrix for fast action and easy absorption. Meat, fish and dairy products are excellent sources of vitamin B12; so people who choose vegetarian or vegan lifestyles, or those who suffer from intestinal malabsorption, may need other sources of this vitamin.*

### DESCRIPTION

#### **HEALTHY DECLARATIONS (EU Regulation No. 432/2012):**

*Vitamin B12 contributes to normal energy metabolism, the proper functioning of the **immune system**, the **nervous system** and correct psychological function. It promotes the normal formation of red blood cells, helps reduce **tiredness** and **fatigue** and participates in the process of cell division. It contributes to the normal metabolism of **homocysteine**, an amino acid related to **cardiovascular** well-being.*

Vegan, Lacto-ovovegetarian, Gluten-free, Dairy-free.

**Ingredients** : purified water, ethanol (from sugar cane), vegetable glycerin and methylcobalamin (vitamin B12).

<b>Nutritional information:</b>	<b>6</b>	<b>drops</b>	<b>NRV*</b>
Vitamin B12 (Methylcobalamin)	1,000	µg	40,000%

\*NRV: nutrient reference value in %.

Recommended dose: 6 drops a day. Shake well before use.

