

KELP (IODINE) 225 mg 100 Tabs

EAN: 628747105491 **FABRICANTE:** SURA VITASAN



Kelp or iodine is a food supplement from Suravitasan laboratories. Suravitasan Kelp is indicated as an antioxidant, to remove heavy metals, and to contribute to the normal function of thyroid hormone.

DESCRIPTION

What is it and what is Kelp or iodine from Suravitasan laboratories used for? Kelp is a food supplement based on Kelp seaweed native to the Pacific that provides 225 mcg of elemental iodine per tablet. Pacific Kelp is known for its richness in vitamins, minerals and trace elements that give it a high nutritional value. It especially contains significant amounts of lodine, a mineral that contributes to the normal production of thyroid hormones and normal thyroid function.

What benefits can Kelp or Suravitasan iodine bring us? EL Kelp or lodine Suravitasn is an antioxidant, which maintains normal thyroid function and eliminates chemical elements from our body.

What uses does kelp or iodine Suravitasan have? Kelp or iodine uses are as an antioxidant and to remove heavy metals.

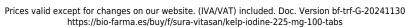
What indications does Kelp or Suravitasan iodine have? Kelp from Naturavitasan is recommended for all those people who do not eat or eat little fish, cereals, fruits and/or vegetables, people with a stable weight loss regimen, or people who want to keep their scalp and hair in good condition.

What side effects does Kelp or Suravitasan iodine have?

- Too much iodine can lead to a thyroid imbalance.
- Iodine overdose leads to an increase in acne.
- If these algae are collected in a polluted area, they can present arsenic toxicity, a substance that, whenever taken in too high amounts, can become lethal. Hence the importance of acquiring them through a trusted brand.
- Be careful to check that you are not allergic to any of its components before you start taking the supplement. Despite this, and if once you consume it you notice an allergic reaction, you should stop taking it immediately.
- Algivits are a blood thinner and as such should not be taken in combination with aspirin or any other drug intended to lower blood pressure.

Precautions: Consult with the professional in case of pregnancy or lactation, or if you are being treated with anticoagulants. Do not take in case of hyperthyroidism, hypertension or heart disease.







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Kelp Suravitasan is suitable for vegans, ovolactovegetarians, gluten-free or celiac diets, and does not contain dairy.