

## Glutathione 200 & C 200 mg 30 Caps

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*Glutathione 200 & C is a dietary supplement based on reduced glutathione and vitamin C that has been included for its synergistic action in promoting the synthesis and regeneration of glutathione.*

### DESCRIPTION

Glutathione is a tripeptide composed of the amino acids L-cysteine, L-glutamic acid and glycine, which is produced endogenously. However, various situations can cause a deficiency of this tripeptide. Each capsule contains 200 mg of Glutathione and 50 mg of Vitamin C.

**Vegan, Ovo-lacto-vegetarian, Gluten-free, Dairy-free.**

**Ingredients:** Glutathione, bulking agent (microcrystalline cellulose), L-ascorbic acid (vitamin C), anti-caking agents (silicon dioxide and vegetable magnesium stearate), vegetable capsule (glazing agent: hydroxypropyl methylcellulose; humectant: purified water).

<b>Nutritional information:</b>	<b>1 capsule</b>	<b>(499mg)</b>
Glutathione (reduced)	200	mg
Vitamin C (L-ascorbic acid)	50	mg (63%*)

\*NRV: nutrient reference value in %.

### Warnings

It is recommended not to take during pregnancy and breastfeeding. Do not administer in combination with alcohol. Consult a professional in special situations.

### Recommended dosage

As a dietary supplement, it is suggested to take 1 capsule a day with plenty of water. Drink plenty of water while taking the product or follow the instructions of a specialist.

