

## Valerian 600 mg. 60 Caps

**EAN:** 8427483001034    **FABRICANTE:** SOTYA



*This medicinal herb is traditionally used for its relaxing properties, which help induce sleep and improve the quality of rest. By incorporating valerian into your nighttime routine, you can fall asleep more easily and enjoy a restful night's sleep.*

### DESCRIPTION

Dosage per container: 30 days.

**Directions:** Take 1 or 2 capsules daily. Keep in a cool, dry place.

**Allergens:** Does not have

